

Steel Magnolias

Breast Cancer Support Group, Inc.

Serving The Lord

April 15, 2024

Do you know who the Gideons are? If you do not know who the Gideons are, think back when you stayed in a hotel or motel and there was a Bible in the night stand, the Gideons made that possible. They hand out Bibles everywhere, in every country and in every language. They are serving God by taking His Word to every corner of the world. The Gideons need our help to make this happen.

I want to tell you a story about one of our Steel Magnolias. In 1983, Gloria started donating to the Gideons every month and she has been faithful ever since. The Gideons contacted her Pastor and honored her a few weeks ago during Sunday worship. They said that Gloria donated every month for 40 years. Through the Gideons, Gloria has donated over 2,000 bibles in the 40 years of faithful contributions. They presented her with an engraved bible and donated 10 bibles in her name. She told them that when she goes home to be with the Lord that there will be an onslaught of giving to the Gideons. In lieu of flowers, she wants bibles donated in her name to the Gideons.

My friend Gloria who will tell you that "Jesus Loves You" is serving God. It may have been a small donation every month, but it sure had a big impact to over 2,000 people.

"Go therefore and make disciples of all nations".... Matthew 28:19



Steel Magnolias
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& Sherry Grinstead
RMC Chaplain, Jim Wilson
Historian & Photographer
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Pinks Boutique: For Appointment
Call our Office @ 256-231-8827
Physicians Center, STE 407
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Anniston, AL 36207

www.steelmagnoliasinc.org

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Sharing love through support

Email us at
info@steelmagnoliasinc.org

STEEL MAGNOLIAS/MEN OF STEEL
MEETING MINUTES
MARCH 26, 2024

Meeting was called to order by our President, Elaine Johns. We had 27 in attendance which included 4 visitors.

Minutes from the previous meeting and motion made by Cheryl and seconded by Jimmy that they be adopted as read.

Chuck gave the Treasurer's report. Update to February's report of donations and to H.E.A.R.T.S., brought February's balance to \$22,151.78 Ending balance for March was \$21,054.96.

Jimmy and Margaret gave an update on the golf tournament. We have 102 sponsors for a total of \$22,700.00. They talked about all the upgrades to the golf course and clubhouse.

Sherry gave our devotion about the struggles in our lives and how God is always there to help. She relayed the story in Mark 4 of Jesus calming the storm. The waves were crashing, the boat was rocking, the disciples were scared, however, Jesus was asleep in the bottom of the boat. There are some sure things about storms: When do these storms come? The sea was calm when they left the shore but it wasn't long before the storms hit. Who was in the boat? The one we should always depend on is He who gets us through when the storms come. Where do these storms come from? Satan tempts us with storms in our lives just when we think all is calm. Look at Job: he lost EVERYTHING he had and God allowed Satan to do this as long as he didn't take Job's life. God allows storms in our lives so that we can trust in Him to bring us through those storms and be rewarded in the end. Just like Job, we can be rewarded if we trust and follow God.

Door prizes were won by Chuck, Pam, Karen, Sherry, Shirley, Jeannie and Pat. No further business, motion by Steve and seconded by Eddie that meeting be adjourned.

Respectively submitted,
Brenda Parker, Secretary





Presidents Corner

Hey everyone! I want everyone to know that we need members to attend our meetings. Every quarter we turn in our number of care packages we send out, the number of clients we help in pinks and the number of people attending our meetings to the Cancer Board here at RMC. It is very important that you attend. Please send in some helpful tips for cancer patients. If you have something that really helped you on your journey, please share it with us. I also need some good clean jokes! Everyone needs to laugh, remember “laughter is the best medicine”. I would like for someone to share their story. It is always helpful to hear someone’s story of a journey that you are facing. There are times when people have no one to talk to and this is a way of connecting. If you have something to share, please send it to elaine@steelmagnoliasinc.org or mail to Elaine C/O Steel Magnolias PO Box 2208 Anniston, AL 36202.

Birthdays and Anniversaries

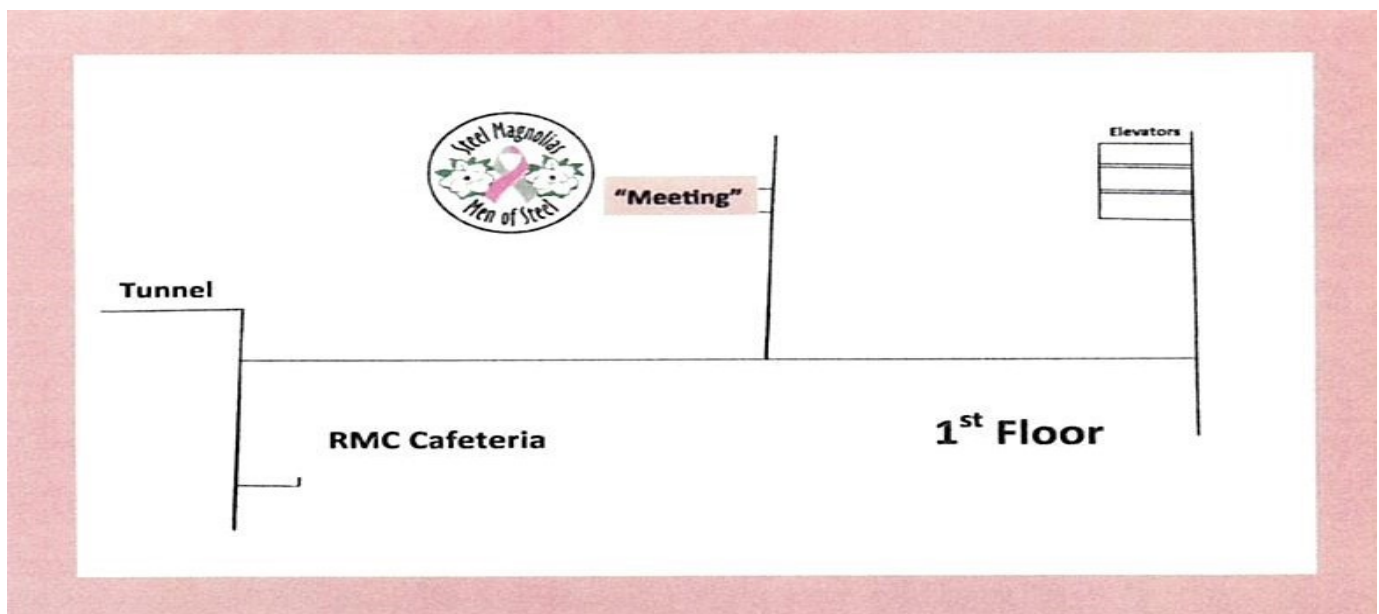
May 4th is Margie Smith's birthday and she is a volunteer!

May 23rd is Nancy Buchman's birthday and she is a 11-year survivor!

May 24th is Shirley Barger's birthday and she is a volunteer!

Up Coming Events

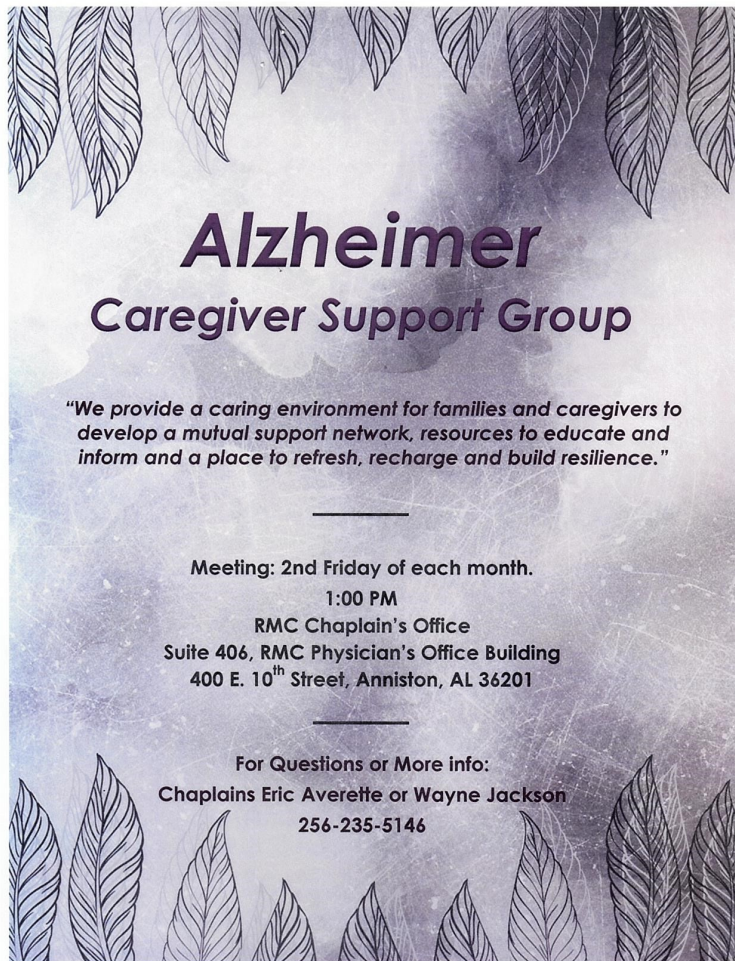
April 23rd is our next Steel Magnolia meeting in the private Dining room at RMC. RMC will provide our meal. We will have Spaghetti and garlic bread; Steel Magnolias please bring side dishes and desserts. Our speaker will be Dr. Matt ST. John from ST. John's Nutrition, so have your questions ready! Everyone please try to attend and bring a friend! I am including a map for anyone new who would like to come but is not quite sure how to get there.



April 27th will be the 15th Annual Lea Fite Golf Tournament at Pine Hill Country Club. We will have all areas of help needed, sorted out for the tournament at our meeting. The set up will be a little different than in years past since they have opened the restaurant at Pine Hill. We will set up outside, weather permitting, and the players will enter to get their golfers bags at the last door all the way down on the front of the building. We will go over all the details at the meeting. Pray for beautiful weather!

May 20th will be our next newsletter mailing day. If you have anything for the newsletter please send it to elaine@steelmagnoliasinc.org or mail it to our office at PO Box 2208 Anniston, Al 36202 by May 15th. I am always looking for ideas for the newsletter that would be beneficial to our readers; any way to get financial aid or any travel aid for patients who don't drive or are not able to drive to treatments.

If you feel led, please consider helping with the creating of the newsletter or printing it. Feel free to contact me if you have any interest or want to show off your skills!



Alzheimer

Caregiver Support Group

"We provide a caring environment for families and caregivers to develop a mutual support network, resources to educate and inform and a place to refresh, recharge and build resilience."

Meeting: 2nd Friday of each month.
1:00 PM
RMC Chaplain's Office
Suite 406, RMC Physician's Office Building
400 E. 10th Street, Anniston, AL 36201

For Questions or More info:
Chaplains Eric Averette or Wayne Jackson
256-235-5146



T.O.U.C.H.

Cancer Support Group

Today Our Understanding of Cancer is Hope!

Every 1st Thursday of each month.
11:00am
RMC Cafeteria Overflow Dining Room

Lunch Provided
Questions: Wayne Jackson
256-235-5146



Tee it High, Let it Fly

Support the Girls



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15th ANNUAL

**LEA FITE
MEMORIAL GOLF
TOURNAMENT**

**BENEFITS: STEEL
MAGNOLIAS
BREAST CANCER
SUPPORT GROUP, INC.**

**PRESENTED BY:
MEN OF STEEL**

**Lunch Provided
8:00 a.m.
SHOTGUN START**

**Pine Hill Golf Course
April 27, 2024**

3 PERSON - SCRAMBLE

**\$80 PER PLAYER
\$240 PER TEAM**

Events and Support Groups

Here are two new support groups offered by the Chaplain's office. The Understanding Cancer Support Group meets in the overflow dining room on the first Tuesday of every month at 11:30. The contact information is on the flyer.

They have an Alzheimer Caregiver Support Group on the 2nd Friday of each month in the Chaplain's office at 1 P.M. Contact information in on the flyer.

Don't forget about our Golf Tournament on April 27th! Please pray for good weather.

Our Services Condensed”

- **Monthly Group Meetings on the 4th Tuesday of every month except November and December.**
- **“Pinks Boutique” stocked with mastectomy bras, breast prosthesis, knitted knockers, wigs, hats and scarves free to cancer patients.**
- **Care packages for newly diagnosed breast cancer patients**
- **Dining Vouchers for two family members of any cancer patient in surgery at Regional Medical center in RMC’s cafeteria.**
- **Snacks are provided in RMC’s oncology and radiation oncology departments. They are also provided in Clearview Cancer oncology room.**
- **Breast Cancer Awareness Program is available to girls in grades 9-12. This program is taught in the school by a trained volunteer under the supervision of a Registered Nurse.**
- **Speakers Bureau: speakers available to civic clubs and churches.**
- **Newsletter, we publish a monthly newsletter that is informative and inspirational. It contains upcoming events along with jokes and a word search puzzle.**
- **Website: www.steelmagnoliasinc.org and like us on fb**
- **Men of Steel are the husbands, friends and family members of breast cancer survivors.**
- **Prayer Ministry**

Ways You Can Help

- **Volunteer**
 - **Attend our meetings and get involved with us**
 - **Volunteer to work in our office and help with our fundraising events**
 - **Contribute: all contributions are tax deductible, we are a 501c3 tax exempt organization. Donations can be mailed to Steel Magnolia Breast Cancer Support Group, PO Box 2208 Anniston, Al 36202. All Contribution are used to provide services to breast cancer patients who reach out to us.**
- Pray for our ministry.**

Joggin' Inside

In a child's mind:

Billy found out in Sunday School how humans were created. He paid special attention when the teacher said that Eve came from Adam's rib. One day his mother found him on the floor holding his side. She asked him what was wrong and his answer was priceless, "My side hurts and I think I'm having a wife".

Problem solved!

The Presbyterian church called a meeting to decide what to do about their squirrel infestation. After much prayer and consideration, they concluded that the squirrels were predestined to be there, and they should not interfere with God's divine will. At the Baptist church, the squirrels had taken an interest in the baptistery. The deacons met and decided to put a water-slide on the baptistery and let the squirrels drown themselves. The squirrels liked the slide and, unfortunately, knew instinctively how to swim, so twice as many squirrels showed up the following week. The Lutheran church decided that they were not in a position to harm any of God's creatures. So, they humanely trapped their squirrels and set them free near the Baptist church. Two weeks later, the squirrels were back when the Baptists took down the water-slide. The Episcopalians tried a much more unique path by setting out pans of whiskey around their church in an effort to kill the squirrels with alcohol poisoning. They sadly learned how much damage a band of drunk squirrels can do. But the Catholic church came up with a more creative strategy! They baptized all the squirrels and made them members of the church. Now they only see them at Christmas and Easter. Not much was heard from the Jewish synagogue. They took the first squirrel and circumcised him. They haven't seen a squirrel since.

"Man's" Rules

We always hear "the rules" from the female side. Here are the rules from the male side: These are our rules!

- 1. Men are not mind readers.**
 - 2. Learn to work the toilet seat. You're a big girl. If it's up, put it down. We need it up, you need it down. You don't hear us complaining about you leaving it down.**
 - 3. Crying is blackmail.**
 - 4. Ask for what you want. Let us be clear on this one: subtle hints do not work! Strong hints do not work! Obvious hints do not work! Just say it!**
 - 5. Yes and no are perfectly acceptable answers to almost every question.**
 - 6. Come to us with a problem only if you want help solving it. That's what we do. Sympathy is what your girlfriends are for.**
 - 7. Anything we said 6 months ago is inadmissible in an argument. In fact, all comments become null and void after 7 days.**
 - 8. If you think you're fat, you probably are. Don't ask us.**
 - 9. If something we said can be interpreted two ways and one of the ways makes you sad or angry, we meant the other one.**
 - 10. You can either ask us to do something or tell us how you want it done. Not both. If you already know best how to do it, just do it yourself.**
 - 11. Whenever possible, please say whatever you have to say during commercials.**
 - 12. Christopher Columbus did not need directions, and neither do we.**
 - 13. All men see in only 16 colors, like Windows default settings. Peach, for example, is a fruit, not a color. Pumpkin is also a fruit. We have no idea what mauve is.**
 - 14. If we ask what is wrong and you say "nothing," we will act like nothing's wrong. We know you are lying, but it is just not worth the hassle.**
 - 15. If you ask a question you don't want an answer to, expect an answer you don't want to hear.**
 - 16. When we have to go somewhere, absolutely anything you wear is fine... really.**
 - 17. Don't ask us what we're thinking about unless you are prepared to discuss such topics as football or motor sports.**
 - 18. You have enough clothes.**
 - 19. You have too many shoes.**
 - 20. I am in shape. Round is a shape!**
- Yes, I know, I have to sleep on the couch tonight. But did you know men really don't mind that? It's like camping...**

EASTER

by Donna Houston

G I N K R L T N O I S S A P
S R E I D L O S Y A F M A S
I E S N E I M K D L E S L S
R D I G W H B U W E O I E U
S E R N O L J E D G A H V N
A S V W O L J E E N T T I D
T O O O A U R T I A P U L A
F H D R S K H S B E T R A Y
O O O C C S J B T R E T F D
R S O R E U A E L T E I P E
G A H M N S R P S I C A B V
I N A E D S U A B U F J D A
V N O I T C E R R U S E R S
E A I O L E U C H A R I S T

ABBA
ALIVE
ANGEL
ASCEND
BETRAY
BLOOD
BREAD
CROSS
CROWN
CRUCIFY
CUP

EASTER
ELOI
EUCCHARIST
FORGIVE
GETHSEMANE
HOLY
HOSANNA
JESUS
JEW
JUDAS
KING

LIFE
NAILS
PASSION
PASSOVER
PETER
REDEEM
RESURRECTION
RISEN
SABBATH
SAVED
SEDER

SIN
SKULL HILL
SOLDIERS
SUNDAY
THORNS
TOMB
TRUTH