

Steel Magnolias

Breast Cancer Support Group, Inc.

God's Gift—Friendship

August 22, 2006



Sharing love through support

A Blast From the Past
Adulthood, accompanied by the responsibilities of earning a living, rearing children, and the anguish that accompanies getting older, makes us think of ourselves as someone different from the person of our childhood. For me, a telephone call from a sixty year old man, living in Port St. Lucie, Florida, erased those margins.

Mitchell said, "Lenora, I doubt that you heard about Edwina's passing. Mama is 87 years old and she wants to see you one more time before she dies."

On Thursday, July 27, Prentiss and I made a road trip to Marianna, Florida, to see Lillian, the mother of Edwina, my best friend in elementary school.

A month before, in an automobile accident, Lillian suffered a cracked hip and received partial hip replacement. When we got to Marianna, we found her in a rehabilitation facility.

When I walked into her room and saw her, I was once again a nineteen year old girl who, in Fort Myers, Florida, stepped off a Trail Ways Bus and called, asking to stay at Lillian's house until I could get a job and find an apartment.

Even though, the last time I saw her, Lillian was only 42 years old, she looked remarkably unchanged. We hugged and cried, we are family.

This deeply moving reunion with my strong, loving and gritty friend, who so long ago, treated me like family, made me think of two poems, written by Ms. Martha Hooton Barker, who like Lillian, is as loving and mentally energized as when she was much younger. Both Lillian and Martha are fortified by the wisdom of their years.

God's Gift—Friendship
God looking down from heaven above
Smiled at man, and with a heart full of love,
Said to the angel on his right,
"I've given man both

riches and might,
This one great gift I've saved for last,
The one thing needed to bind hearts fast;
It's wondrous beauty will change the earth
From grief and sadness to joy and mirth."
God sighed, "If only it's worth men knew
And would treat it with all of the reverence due."

Then looking down from heaven above
God gave to man, Friendship and Love.
Martha Hooton—Age 15
1930—Sioux City, Iowa

Time

My youth was like a ribbon that was tightly wound
With colors variegated and with a bright sheen.
Now I am old and all the ribbon lies unfurled
In faded disarray at that far distant place.

I make my journey to that fabled town, long gone,
And find the pavement of the streets all broken now
And even all the houses there are tumbled down
And running breathless,
I reach to catch

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.....

the ribbon in my hands once more.

I marvel at the tightness of the weave
And the strength that somehow lasted on
Within the confines of that far off place.

Martha Hooton Barker—Age 90
Chattanooga, TN

The telephone call, from Mitchell, was received on May 30, Edwina's birthday. She would have been 64.

The plan, on June 29, was for the James family: Mitchell & Mitchell's wife, Edward and Lillian to be at my home. An accident, just two days before, that cracked Lillian's hip in two places, cancelled those plans. We immediately made plans to make the trip to see Lillian.

At the time, plans for the 3rd Annual New Beginnings Banquet were being finalized. I thought of how each of us is connected. Jo Ann must have been having like thoughts, when she sat down and penned the poem that would be the inspiration for the ceremony that honored survivors, and extended loving memory to those beautiful women we've lost to breast cancer.

New Beginnings Banquet

Sunday afternoon, July 23, I baked the 13x19 inch cake layer that would become Sheila's luscious coconut cake, cup cakes for strawberry short cake and baked the crust for the chocolate pies. On Monday, Jo Ann, Marti, Milli, her granddaughter Tearesha, Linda and Larry, Prentiss and I gathered at Monet's beautiful Tea Room. We arranged tables and did most of the decorating. Dr. Dave Roberts already had the sound system in place. We all agreed to be back in Monet, Tuesday at 4:00 p.m.. We had two hours before our event was scheduled to begin.

At about 5:00 p.m., guests began arriving. Tearesha was our hostess, making sure everyone signed our guest book and placed their name in a hat for the door prize drawing. Jimmy and Margaret Taylor brought handouts that listed silent auction items to be at the Swinging Stars' Benefit on Saturday August 5. We added those pages to the program and the flyer concerning the August 19, Steel Magnolias Celebration of Life Picnic.

As I was finishing the last touches to the Dessert Bar, the Caterers, Tony's Barbecue from Gadsden, finished arranging a beautiful buffet. Everything was in place by about 6:00 p.m. We were a little late getting started but shortly after 6, I was able, on behalf of Chae Mi and Bill Madden, to welcome everyone to Monet's beautiful Tea Room. Steel Magnolias' officers were introduced, as were VIP's at the head table. Doctors, in attendance, were noted, as were those special friends who had gone out of their way to be of support to Steel Magnolias. Chaplain Wilson offered thanks for our food and a blessing for everyone in attendance. We asked that active participants in our New Beginnings program, be first at the buffet tables.

Cassie Harris, daughter of Margaret and Jimmy Taylor, kicked our program off by singing the ever beautiful, "The Alabaster Box." We were each blessed by Cassie's great talent. Following Cassie's beautiful singing, Jo Ann Taylor, Pam Bussey and Marti Warren, took the stage. Jo Ann and Pam, alternately called the names of those beautiful women we've lost to breast cancer. Marti then placed a white carnation in crystal vases, one to represent each life. Before survivors were honored, Jo Ann read her beautiful poem, *When I Say Your Name*.

When I Say Your Name

Lightening does not flash
Nor does the thunder roll.

My heart feels pain
And so does my soul;
When I say your name!

Memories come,
Some sweet, some serene
Some very exciting
Making you dream.
When I say your name.

We've lived with sorrow.
We've lived with pain;
And then vow never
To let it happen again;
When I say your name.

I'm a woman who lives
Every minute of every hour;

And I'm here to tell you,
I'm a Survivor!
By Jo Ann Taylor

Chaplain Wilson called the name of each survivor as husbands, sons and male friends carried a pink carnation to the survivor whose name was called.

Dr. James Daniel honored survivors by singing Happy Birthday, after which Marti Warren kicked everything up a notch by leading survivors in our choral reading, *I'm A Steel Magnolia!*

I'm A Steel Magnolia

I'm a daughter, a sister, mother, wife and lover
I'm tender, I'm tough,
I'm a Steel Magnolia!

Pink Ribbons on my clothing,
Scars across my chest
Courage in my heart and Steel in every step;
I'm a Steel Magnolia!

God raised me up and dried my tears.
He filled me with amazing grace and calmed my fears.
I'm a Steel Magnolia!

Pink ribbons on my clothing
Scars across my chest
Courage in my heart and Steel in every step;
I'm a Steel Magnolia!

We cross the oceans, climb mountains, steep
Praying for the cure, our daughters to keep;
We are a Steel Magnolia!

Pink ribbons on our clothing
Scars across our chests
Courage in our hearts and Steel in every step;
We are Steel Magnolias!!!
By Lenora Washington Johnson

Dr. Dave Roberts went the extra mile to be able to perform Rascal Flatts' highly motivational song, **STAND!** Country music is not normally part of Dr. Dave's repertoire but he did an excellent job of performing this wonderful song. *Stand* is so new that there is not yet an accompaniment CD. Dr. Dave went to the trouble of burning his own, knowing how much we wanted the song's message. The lyrics to this amazing song were published in the July newsletter.

Key Note Speaker

Pat Jester, known to Steel Magnolias, since her diagnosis of breast cancer, about five years ago, introduced her friend, Janet Beebe. Janet was instrumental in helping found Georgia's Bosom Buddies. Pat became involved with Bosom Buddies through the group that meets at Emory University. Janet Beebe is group coordinator for Bosom Buddies and travels the state of Georgia, teaching survivors how to conduct and maintain a support group.

Janet Beebe's Journey With Breast Cancer

In 1983, Janet Beebe was enjoying her new baby boy and while breast feeding him she found a lump in her breast. Janet was only 33 years old and knew no one to talk to. After being sent from doctor to doctor, and no one wanting

to do anything, she finally, because a mammogram showed nothing, convinced a doctor to do a biopsy. . . Janet got the horrible news that she had breast cancer. Devastated as she was, she made a decision, if God would only let her live she would help others with their diagnosis of breast cancer. Within 6 months, Janet recovered from her surgery and treatments.

Janet began volunteering with Bosom Buddies, helping set up support groups all over Georgia and educating communities about breast health. In her own community, (Peachtree City) she has for 21 years, held a Bosom Buddies support group meeting and has never missed a monthly meeting. She averages 15 ladies each month and, through her group, has helped over 300 ladies. Throughout Georgia, she is coordinator for more than 40 support groups. She manages over 80 survivors to keep those support groups going each month.

For over 20 years, Janet volunteered with the American Cancer Society's Reach to Recovery program. Through this program, she counseled breast cancer patients, making sure they had the right tools to recover from their treatments.

After realizing that breast cancer patients still had questions and needed ongoing counsel, she, in 2003, created a program called, "Buddies on Call." She trained 19 volunteers to help her with this program, assisting new breast cancer patients with their needs, one on one. Janet has personally, by E-mail and telephone, talked to more than 3,000 breast cancer patients. In Georgia, Janet also set up and keeps volunteers working in four "Angel Closets." Angel Closets are the equivalent of the Steel Magnolias' Benevolent Closet. They are places where uninsured women, after surgery and at no cost, can get wigs, mastectomy bras, prosthesis, etc.

Janet said, "Helping other cancer survivors is my reason to survive." She attributes her own survivorship to working and helping others.

In recognition of Janet's dedication, courage and service to other women hurt by breast cancer, she has been the recipient of many awards: 1992...Fayette County United Way Volunteer of the year—1993...Metropolitan Atlanta United Way certificate of Appreciation for Outstanding Leadership & Dedication—1997-2002.....American Cancer Society's Volunteer of the Year Award—. Janet has been featured in medical oncology magazines, newspapers and has been interviewed on numerous radio and TV stations, spreading the word about breast cancer. She has also discussed breast cancer with Gov. Sunny Perdue and communicated by letter with Elizabeth Edwards.

Janet Beebe Speaks to Magnolias

Janet Beebe came to our New beginnings Banquet armed with current statistics:

United States: Women

US-2006-Approximately 212,000 New Cases US-2006-Approximately 41,000 will die
US-2006-171,000 SURVIVE BREAST CANCER!

United States Men

US-2006—1,720 new cases US-2006—460 will die US-2006—1,260 WILL SURVIVE!

Alabama: 2006

Approximately 3,740 new cases Approximately 720 will die Approximately 3,200 WILL LIVE!

Race: 5 Year Survival Rate

Whites—90 % Blacks—76% Early Diagnosis—97.9%

Get your mammograms—Recommended starting at age 40.....Self Exam—You are never too young

Thank you Janet for your years of selfless work on behalf of newly diagnosed breast cancer patients. From the bottom of our hearts, thank you for sharing, the special evening of July 25, with Steel Magnolias and for making us aware of the work of Bosom Buddies in the State of Georgia.

Following Ms. Beebe's presentation, she drew the winner of the 100x100 crocheted comforter, made by Geri Smith. Patrick Reed, son of Rosa, AKA Bubbles the Clown, won this beautiful item that was donated by Geri to help further the work of Steel Magnolias.

Appreciation

Treasurer, Nancy Burnell, gave certificates, to Classic on Noble for Sunday Brunch for two, to Chae Mi Madden, Chaplain Jim Wilson, Dr. Dave Roberts and Pokey Warren. These special people deserve our gratitude and I trust they will enjoy Classic's Sunday Brunch. Jeff and Chris Williams were not in attendance, therefore their appreciation certificates were mailed.

Janet Beebe asked me to come to the staging area where she honored me with a Bosom Buddies pin. I presented Janet with Fiona, a collectable, porcelain figurine, whose message is: "Cultivate your friends like flowers in the garden." Bosom Buddies, Janet Beebe and Pat Jester are sisters in Breast Cancer and forever friends to Steel Magnolias.

Steel Magnolias drew names and gave away over twenty door prizes that had been contributed by really great friends: Dawn Barrett, General Manager, Cracker Barrel of Gadsden; Judy Bussey...Avon; Quintard Mall ...Avon, other gifts were contributed by individual Steel Magnolias.

Evan's Flowers contributed the pink carnations that were presented to survivors and white carnations that commemorated the passing of beloved sisters. We sincerely thank Yvonne Boothe for her generosity.

We will ever be grateful to Chae Mi Madden for her generosity to Steel Magnolias. The beautiful Tea Room only added enjoyment to this annual celebration.

Dr. Dave Roberts closed our wonderful evening by singing the Steel Magnolias' theme song, *I Hope You Dance*. Dr. Dave reminded us that as survivors, we have much to rejoice and we should use this gift of life as opportunity to use our talents to honor God, from whom all blessings come.

Special Thank You

We Steel Magnolias, sincerely thank Aline Gardner, who sews with the Bama Bells Quilting Club, for her diligence in making a beautiful quilt, in memory of her sister-in-law Barbara Pellitere, and her generosity in giving the quilt as a fund raiser for the ministries of Steel Magnolias. Aline and three of her sister quilters, including Steel Magnolia, Deb Saska, attended our New Beginnings Banquet. Aline's quilt is made with mostly 1930's reproduction fabrics that is 100% cotton throughout. The Dresden Plate quilt, with mitered corners, is a masterpiece. In time for the Thanksgiving and Christmas celebrations, tickets will be available.

Also in attendance, Pat Jester's brother, Jerry Elser and wife, Jean Elser. My celebration was made even sweeter by being able to share this wonderful evening with one of my dearest friends, Sheila Webb.

Correspondence

Dear Steel Magnolias, Thank you so much for the gift certificate to Classic on Noble. It was very sweet of you to think of me. I am extremely proud to be a small part of such a great organization with a wonderful and worthy calling.....In Christ, Bro. Dave

Steel Magnolias, Your Annual Celebration was indeed a wonderful occasion. You are doing good work. You are making a difference and providing hope for many of your sisters. Perhaps in some cases you will be reaching out to men who share your same struggle. Certainly, you are providing encouragement to husbands and special friends who love the women who are part of your sisterhood. May God continue to bless your efforts. Carol and I appreciate very much your generous gift and the opportunity to share in your fellowship....Sincerely, Jim Wilson

.....News We Can Use.....

Ethnic Disparities

The July-August 2006 issue of Mamm Magazine reported that the disparity in the survival rates of whites over blacks can be traced to the reluctance of black women to get mammograms. Thirty-four percent of African-American women did not receive adequate mammogram screening before their diagnosis, compared to 18 percent of Caucasians, according to a study of 17, 500 breast cancer patients published in the *Annals of Internal Medicine* (April 18). However, the scientists also found that regardless of mammography use, the breast tumors of African-American

women were consistently more aggressive than breast tumors in Caucasian women. The study suggests that there may be biological differences, and underscores the importance of regular mammograms for African-American women.

Osteoporosis Drug Protects Against Breast Cancer

The osteoporosis drug raloxifene (Evista) may be as effective as tamoxifen at reducing the risk of invasive breast cancer, according to results from the STAR clinical trial, which compared how well the two drugs prevent breast cancer in high-risk postmenopausal women. The study found that raloxifene reduced invasive breast cancer incidence by nearly half.

It's good news for postmenopausal women who are at an increased risk of breast cancer. "It gives them a new option in chemoprevention of breast cancer," says D Lawrence Wickerman, M.D., associate chairman of the National Surgical Adjuvant Breast and Bowel Project, the National Cancer Institute-funded group that conducted the study. Not only did raloxifene reduce the incidence of invasive breast cancer as effectively as tamoxifen, it was able to do so with fewer serious side effects, including fewer uterine cancers, blood clots and cataracts. But tamoxifen was found to offer superior protection against the noninvasive breast cancers, lobular carcinoma in situ and ductal carcinoma in situ, both of which have the potential to become invasive. Reported in July-August Mamm Magazine—Page 06

Flaxseed.....Eat it Because?

Flaxseed is famous for its omega-3's, but it's also an outstanding source of lignans, a type of fiber that acts like a weak form of estrogen in our bodies and may help fight some types of breast cancer. Researchers at the University of Toronto and Massachusetts General Hospital Cancer Center in Boston, who analyzed tumor tissue, found that tumor growth slowed significantly and cancer cell death increased by 30% in recently diagnosed postmenopausal breast cancer patients who ate a muffin containing about 3 tablespoons of flax meal daily for about a month before surgery. Reported in July, 2006 Prevention Magazine—Page 191

(NOTE) I asked my family doctor if all I've read about flax is true. Dr. Russell Ingram said, "Yes and it is more effective if it is not cooked. Nutty tasting flax meal can be stirred into yogurt, cereal, applesauce, etc.

Years ago, in a book by Dr. Bob Arnot, *The Breast Cancer Prevention Diet*, I first learned about flax. I have, for several years, made 2 tablespoons of flax meal part of my daily regiment.

Swinging Stars Benefit for Steel Magnolias

Oxford Civic Center, Saturday, Aug. 5, was the location for the Swinging Stars Square Dance Club Benefit for Steel Magnolias. Visiting square dance clubs, from several other cities, joined the Anniston group for this fun evening. These generous square dancers, in their colorful costumes, moved across the dance floor as instructed by callers who traveled from Georgia for this event. Entry fee was \$6 for dancers and \$3 for non-dancers. Everyone buying a ticket was eligible to win a door prize and invited to eat a great dinner. Activities were a cake walk and silent auction with opportunity to buy raffle tickets for a chance to win a US Savings Bond, a beautiful square dance costume and a split the pot drawing. Three savings bonds were given away, and a winner was named for the beautiful costume. The lady who won the STP drawing, donated the money back to Steel Magnolias. Door prizes were given away and winners in the silent auction were named. At the end of the evening, \$2,659 was raised. Because of the generosity of the Swinging Stars, the Steel Magnolias Dining Voucher Program can be expanded, in all three Calhoun County Hospitals, to include all internal cancer patients. Steel Magnolias, from the bottom of our hearts, thanks the Swinging Stars for the months of hard work that went into this benefit. We are so blessed to have Swinging Stars' Margaret and Jimmy Taylor, from Heflin, as part of the Steel Magnolias family. Almost twenty Steel Magnolias were available to help the Swing Stars in whatever way needed.

July Financial Report

Balance Brought forward	\$4,242.42
7-01 -)100.00 Lenora Johnson-Monthly Expense	4,142.42
7-01 +)681.04 Comforter-Banquet-Jewelry-Shirts-Cookie Refund	4,823.46
7-05 -) 51.00 Brogdon & Owens, Inc. 2005 Paperwork	4,772.46
7-18 -) 162.00 Advanced Printing 500 pens @ .30 Ea.	4,610.46
7-20 +) 365.00 (RMC Donation \$275) -Banquet-Comforter	4,975.46

7-24 -) 232.62	Classic on Noble 6 sets of Sunday Brunch for Two	\$4,742.84
7-25 -) 35.00	Gas for Janet Beebe (Speaker at New Beginnings Banquet)	4,707.84
7-25 -) 954.18	Tony's Catering for New Beginnings Banquet	3,753.66
7-25 -) 19.92	Cash to Nancy for Storage Tub for Jo Ann—Forks for Dessert Table	3,733.74
7-26 -) 72.00	Postmaster—Jacksonville P.O Box Fee-Annual	3,661.74
7-26 +) 568.00	(Presbytery of Shepphards & Lapsley \$200) -Shirt, Jewelry Comforter-Banquet	4,229.74

Prepared by Treasurer, Nancy Burnell

**.....Upcoming Events.....
MARK YOUR CALENDARS**

**FUN! FUN! FUN!
Saturday, August 19....
Celebration of Life Picnic**

**11 am to 4 p.m.
59 Mohawk Trail, Ohatchee, AL
(Prentiss and Lenora Johnson's Lake House)
Barbecue Sandwiches and Hot Dogs
Bring....Side Dishes, Folding Chairs**

AND

Join the Fun

**If YOU plan to play in the lake, you must have water shoes and
Floatation Vest**

For more information call Steel Magnolias office...(256) 231-8827

And leave a message..... or

Call Lenora (256) 447-9822

**Tuesday August 22...Steel Magnolias meeting...Tyler Center Classroom #1
5:00 p.m.Special Guest: Dr. Wesley Smith, presenting
power point study on Sentinel Node Biopsy**

**DINING and DANCING for the CURE
October 7....Pink Ribbon Ball ****Anniston Country Club
Silent Auction In Lobby**

Doors open at 6 p.m. Dinner at 7 p.m.

Sundance Band

Pink Ribbon Ball Tickets are available for sale \$50 each

For More Information & to Purchase Tickets call (256) 231-8827

Please leave your name and phone number where you can be reached.

Proceeds go to The Susan G. Komen Foundation

**NEEDED....Old Costume Jewelry...To Contribute: Please Give to Pam Bussey in the
Wound Healing Center, or take to Marti 710 E. 22 Street
Anniston. Please call (256) 237-0206**

Jo Ann, Here Goes! Golfing Reverend

The Reverend Francis Norton woke one Sunday morning and realizing it was an exceptionally beautiful and sunny early spring day, decided he just had to play golf. So, he told the Associate Pastor that he was feeling a little sick and convinced him to say Mass for him that day. As soon as the Associate Pastor left the room, Father Norton headed out of town to a golf course about 40 miles away. This way he knew he wouldn't accidentally meet anyone he knew from his Parish. Setting up on the first tee, he was alone, after all, it was Sunday morning and everyone else was in church. At about this time, Saint Peter leaned over to the Lord while looking down from the heavens and exclaimed, "You're not going to let him get away with this, are you?" The Lord sighed and said, "No, I guess not." Just then Father Norton hit the ball and it shot straight towards the pin, dropping just short of it, rolled up and fell into the hole. IT WAS A 420-YARD HOLE IN ONE! "How Could you let him do that?" The Lord smiled and replied, "Who's he going to tell?"

With the Price of Gas

Sister Mary, who worked for a home health agency, was out making her rounds visiting patients when she ran out of gas. As luck would have it a gas station was just a block away. She walked to the station to borrow a gas can and buy some gas. The attendant told her the only gas can he owned had been loaned out but she could wait until it was returned. Since the nun was on her way to see a patient, she decided not to wait and walked back to her car. She looked for something in her car that she could fill with gas and spotted the bedpan she was taking to the patient. Always resourceful, she carried the bedpan to the station, filled it with gas and carried the full bedpan back to her car. As she was pouring the gas into her tank, two men watched from across the street. One of them turned to the other and said, "If that car starts, I'm turning Catholic!"

Which Tooth

A man and his wife walked into a dentist's office. The man said to the dentist, "Doc, I'm in one heck of a hurry.! I have two buddies sitting out in my car waiting for us to play golf. So forget about the anesthetic and just pull the tooth and be done with it. We have a 10:00 A.M. tee time at the best golf course in town and it's 9:30 already. I don't have time to wait for the anesthetic to work!" The dentist thought to himself, "My goodness, this is surely a very brave man asking to have his tooth pulled without using anything to kill the pain." So the dentist asks him, "Which tooth is it sir? The man turned to his wife and said, "Open your mouth, Honey, and show him."

Victoria's Secret

A husband walks into Victoria's Secret to purchase some sheer lingerie for his wife. He is shown several items that range from \$250 to \$500. The more sheer, the more expensive. He opts for the most sheer item, pays the \$500 and takes the lingerie home. He presents it to his wife and asks her to go upstairs, put it on and model it for him. Upstairs, the wife thinks, "I have an idea. It's so sheer that I might as well be wearing nothing. I won't put it on, but I'll do the modeling naked, return it tomorrow and keep the \$500 refund for myself." So she appears naked on the balcony and strikes a pose. Her husband says, "Good Lord! You'd think that for \$500 they'd at least iron it!" He never heard the shot. Funeral is Saturday.

Farmer John

Farmer John lived on a quiet rural highway. But, as time went by, the traffic slowly built up at an alarming rate. The traffic was so heavy and so fast that his chickens were being run over at a rate of three to six a day. So one day Farmer John called the sheriff's office and said, "You've got to do something about all of these people driving so fast and killing my chickens." "What do you want me to do?" asked the sheriff. "I don't care, just do something about these crazy drivers. So the next day he had county workers go out and erect a sign that said: SLOW....SCHOOL CROSSING...Three days later, Farmer John called the sheriff and said, "You've got to do something about these drivers. The 'School Crossing' sign seems to make them go even faster." So, again, the sheriff sends out the county workers and they put up a new sign: SLOW....CHILDREN AT PLAY....That really sped them up. So Farmer John called and called every day for three weeks. Finally, he asked the sheriff, "Your signs are doing no good. Can I put up my own sign?" He was going to tell Farmer John to do just about anything in order to get him to stop calling everyday to complain. The sheriff got no more calls from Farmer John. Three weeks later, curiosity got the best of the sheriff and he decided to give Farmer John a call. "Did you put up your sign?" "Oh, I sure did. And not one chicken has been killed since then. I've got to go. I'm very busy." He hung up the phone. The sheriff was really curious now and he thought to himself, "I'd better go out there and take a look at that sign...it might be something that WE could use to slow down drivers...." So the sheriff drove out to Farmer John's house and his jaw dropped the moment he saw the sign. It was spray-painted on a sheet of wood: NUDIST COLONY Go slow and watch out for chicks!!