

# Steel Magnolias

Breast Cancer Support Group, Inc.

May 18, 2009

## Love Finds A Way

**Unanimous votes cast in both the House and Senate, by both Democrats and Republicans, to make sure no qualifying uninsured breast or cervical cancer patient will be denied care because of a bureaucratic rule, is the most fabulous Mother's Day gift!**

**Especially for Mothers:  
....Mothers....  
...Poetry by Gerri...  
Enjoy!!!**

### **Mothers**

As sweet as the day  
break.  
As silent as the wind.  
As warm as a blanket  
On a cold winter's  
night.  
As fast as a cheetah  
To protect her young.  
As pleasant as fresh  
baked bread.  
As deep as a Mother's  
true love.  
Van Johnson (1978)  
10 years old

### **Mother's Day**

This Mother's Day, May 10, 2009, holds special significance for me be-

cause I also celebrate the birthday of my youngest son, Greg, who was born on Mother's Day. Happy Birthday son # 3.

Tuesday Bear Hugger, Gerri Smith, one of the most gifted people I know, wrote a beautiful poem, a memorial to her mom. I am so pleased she shared this poem with Steel Magnolias. After only a few words, I read through tears.

### **Memories Of Mom**

As the memories flood  
my mind  
And take me back to  
another time  
When life was simple  
and Mom was here  
Wrapping me up in love,  
to calm my fears,  
She backed me up, and  
sheltered me too,  
And guided me in the  
things to do..

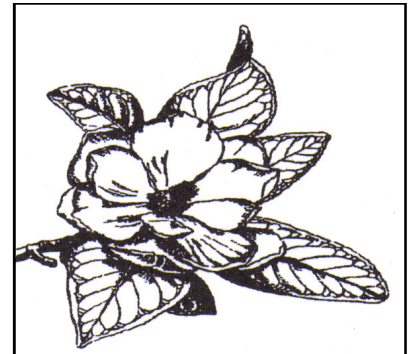
As I grew, and got independent too,

I knew there would be  
many things  
I'd have to go through..  
But not one thing could  
change my mind  
Of the precious memories  
left behind.

I'll bring many memories  
up in my mind  
And live them again,  
from time to time.

I'll always remember and  
love my Mom  
In my heart, she lives on  
and on.

I have to thank her for  
what she did  
To make me a happy,  
well adjusted kid.  
She wiped my tears,  
loving me unconditionally  
too,  
And did all the things  
that Mothers do  
She encouraged me to  
be what I could be  
And always loved and



**Sharing love through support**

Lenora Johnson, Founder,  
Editor, Director  
P.O. Box 36  
Jacksonville, AL 36265  
www.steelmagnoliasinc.org  
(256) 231-8827

Jim Wilson, RMC Chaplain  
(256) 235-5146

Ina Rooks, Steel Magnolias  
Chaplain (256) 488-5505

.....

had faith in me.

Gerri Smith

With memories lingering, of the day set aside to honor our mothers, whether they've moved to Heaven or continue to bless our lives, Steel Magnolias feel a sense of accomplishment about changing Alabama's policy and providing access to cancer treatment for our struggling moms. We also are humbled that God chose our little group of survivors as vessels through which to

make this happen.

As I now reflect on the journey Steel Magnolias Breast Cancer Support Group, Inc. began, that day in 2005, when Sarah O'Dell sought our help, it has been an amazing journey! Many times we have talked about "The Prayer of Jabez" and how this prayer has been our guide, the litmus test of what was and is acceptable and just.

**The Prayer of Jabez**  
Oh, that You would bless me indeed,  
And enlarge my territory,  
That Your hand would be with me,  
And that You would keep me from evil,  
That I may not cause pain.  
**I Chronicles 4:10**

Regardless of discouragement, following the 2008 General Session of the Alabama Legislature, with not even an eyebrow raised when Rep. Fite submitted HB147, we didn't lose hope because we trusted God's promise. Consider this: "If God is for us, who can be against us?" *Romans 8:31*. This year, in the entire legislature, not one vote was cast that opposed passage of HB147. Rep. Fite said, "Everyone was eager for their turn to vote yes!"

**April 30, 2009, Governor Bob Riley signed HB147, closing the loophole in the Medicaid Breast and Cervical Cancer Treatment Act. Law will become effective on July 1.**

Early in February, Steel Magnolias and Rep. Lea Fite were joined, in our efforts to see poor uninsured Alabama women have an equitable expectation of treatment through the 2001 Alabama Medicaid Breast and Cervical Cancer Treatment Act.

Thank you Leatherwood Baptist Church...Church of the Covenant Presbyterian Church, and every person from those congregations, as well as every person throughout our communities who had the courage and boldness to place their name on a petition list. We sincerely thank: Nancy Wright and Dr. Don Williamson, APHD....Carol Herrman-Steckel, Medicaid....Ginny Campbell, ACS Advocacy Action Alert, and especially the breast cancer patient who represented every uninsured Alabama breast cancer patient, as she told her story to the House Government Appropriations Committee. Thank you Greg Flanders for your friendship, your guidance and support. Thank you Senator Kim Benefield, for being the Senate sponsor of Rep. Fite's HB147. **!!!!!!Rep. Lea Fite, YOU are our HERO!!!!!!**

Thank you Dan Whisenhunt for the outstanding, April 24, article, on the front page of the Anniston Star: "Closing the Gap...Rep. Fite says local group deserves credit for getting bill passed." This article was picked up by other publications, to name a few: AARP Bulletin today and Mobile Area Chamber of Commerce. For those who didn't read the article but wish to, the above mentioned organizations have websites, or call the Anniston Star.

**Excerpt from: Closing the Gap...By Dan Whisenhunt  
The Anniston Star (April 24, 2009)**

"I've always been a real hard worker," O'Dell said, "I was one of (those) uninsured women and then I couldn't get on Medicaid. I couldn't get on Medicare. I was stuck."

Her story and others like it inspired the bill sponsored by Rep. Lea Fite, D-Jacksonville. It passed the Senate this week and awaits the signature of Gov. Bob Riley.

Fite's bill requires coverage of breast or cervical cancer treatment for women who are eligible for Medicaid.

Currently, Alabama law allows women to obtain coverage for cancers only if they are diagnosed at a federally funded clinic. For other women, uninsured and diagnosed at another health care



**Lenora Johnson, left, and Susan Dupree of Steel Magnolias, hold the letter Johnson sent to Gov. Riley and his response. Photo: Bill Wilson/The**

provider such as an emergency room, Medicaid will not cover treatment for these cancers because they are considered “pre-existing conditions.”

The bill means that a woman diagnosed with breast or cervical cancer can get full treatment under Medicaid, even if she is diagnosed before she obtains coverage.

Lenora Johnson, a cancer survivor and founder of the group (Steel Magnolias) said when she learned about O’Dell’s situation she wrote Gov. Riley. “I pleaded with him and he wrote me a very nice letter back saying this would require a policy change and that would take the legislature,” Johnson said. “He encouraged me to continue and thanked me for the work Steel Magnolias does with cancer patients. The letter was sent to Lea Fite and Lea Fite’s wife is a cancer survivor. He read that letter and he was torqued off but good.” Fite said Johnson and the Steel Magnolias group deserves all the credit for closing the gap in coverage.

#### **.....Alabama Breast and Cervical Cancer Screening Program .....**

There is often confusion concerning “Screening Programs” and “Treatment Programs.” The public health department continues to be the location through which financially qualifying uninsured Alabama women, age 50-64 receive free screening for cervical cancer. Because of a grant from Komen Alabama, screening for breast cancer is 45-64. We hope soon establish a program to provide mammograms for uninsured women who don’t meet the APHD age guidelines, to which local churches, civic groups and individuals can contribute. We will also be looking into applying for grants to fund this program.

**(Uninsured women) On July1, the law will be active to pay for your surgery and treatments ! Under 45? Wait until after July 1 to be diagnosed for breast or cervical cancer. (Over 45? Go to the public health department.)**

#### **Misconception**

Syn: misinterpretation, misunderstanding, mistaken notion.....

The response, on February 11, to a letter, written by me, on Feb. 2, to Lieutenant Governor, Jim Folsom, Jr., clearly supports this conclusion:

**Dear Ms. Johnson,**

Thank you for your recent correspondence regarding your concerns about an apparent “loophole” in the Medicaid breast and Cervical Cancer Treatment Act, and your request for support of Rep. Lea Fite’s legislation to correct this problem. Prior to you bringing this situation to my attention, I was not aware of this requirement for treatment.

I agree that it seems to place a considerable obstacle to many women seeking treatment, simply because they were uninformed of the necessity of prior diagnosis by the local health department.

I am by copy of your Feb. 2 letter, as well as copies of the form letters received today in my office, forwarding your concerns to Sen. Linda Coleman, chair of the Senate Health Committee, and Sen. Roger Bedford, Chair of the Senate Finance and Taxation—General Fund Committee, asking them to review this matter to see if it can be resolved.

Please rest assured that I will do all I can to see this situation rectified. We need to ensure that Alabama cancer patients have ready access to all available treatment and not deny them treatment through bureaucratic hurdles that may or may not be designed to save money. You have my support.

Sincerely, Jim Folsom

#### **Taco Bell Moment**

This letter was a “Taco Bell moment,” a realization that what I had interpreted as apathy and unconcern, on the part of Alabama legislators, in the 2008 general session, was a lack of knowledge concerning the Alabama Medicaid Breast and Cervical Cancer Treatment Act. We assume the people we elect, know about public policy and protect the rights of the people who elect them. This incident should serve as a wake up call that, even the weakest among us, have power, but only by making our voices heard.

Personally, I thank not only Lt. Governor Folsom for his letter, but also Gov. Riley and Senate Majority Leader, Zeb Little for their correspondence about HB147.

### **David J. Pollay, “The Law of the Garbage Truck,” and Steel Magnolias**

In January, I received an incredible Email from Kathy Evans. I couldn't get it off my mind and a few days ago I looked in Google Search about a copyright. Through that search, I made contact with David J. Pollay and learned of his incredible work. I told him briefly about the work of Steel Magnolias, and asked permission to use his “Law of the Garbage Truck,” in the May newsletter and also invited him to look at our web-site. Today, I opened this E-mail:

**I want to congratulate Lenora Johnson, and everyone in the Steel Magnolias network.** Your mission is vital to all women and their families. You have accomplished so much together. I'm particularly impressed with your achievement with the Alabama legislature. You are clearly saving lives by your dedication to ensuring that all women have access to the treatment they need. I'm proud to know of your work.

When Lenora contacted me and asked if she could share my “The Law of the Garbage Truck” with you, I immediately said yes. I hope my message helps you to stay focused on your incredible mission, and to let negative things you cannot control in life pass you by.

Best to you

David

David J. Pollay

Syndicated Columnist, *The Happiness Answer*

Author of *The Law of the Garbage Truck*

#### **The Law of The Garbage Truck**

One day I hopped in a taxi and we took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space right in front of us. My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and he started yelling bad words at us. How do I know? Ask any New Yorker, some words in New York come with a special face. And for emphasis, he threw in a one finger salute, as if words were not enough. My taxi driver just smiled and waved at the guy. And I mean, he was really friendly. So I asked, “Why did you just do that? This guy almost ruined your car and sent us to the hospital!” This is when my taxi driver taught me what I now call, “The Law of the Garbage Truck.” He said,

*Many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger and full of disappointment. As their garbage piles up, they need a place to dump it. And if you let them, they'll dump it on you.*

*So when someone wants to dump on you, don't take it personally. Just smile, wave, wish them well and move on. Believe me, you'll be happier.*

Roy Baumeister, a psychology researcher from Florida State University, found in his extensive research that you remember bad things more often than good things in your life.

You store the bad memories easily, and you recall them more frequently. So, the odds are against you when a Garbage Truck comes your way. But when you follow the Law of the Garbage Truck, you take back control of your life. You make room for the good by letting go of the bad.

The best leaders know that they have to be ready for their next meeting. The best sales people know that they have to be ready for their next client. And the best parents know that they have to be ready to welcome their children home from school with hugs and kisses, no matter how many garbage trucks they might have faced that day. All of us know that we have to be fully present, and at our best for the people we care about.

The bottom line is that successful people do not let Garbage Trucks take over their lives.

David J. Pollay—Copyright 2007

#### **Steel Magnolias, Designated a “No Garbage Trucks! Zone\*”**

After Lenora and I spoke last week, I spoke with my organization about the accomplishments and the good work of Steel Magnolias. Everyone was impressed. We then unanimously designated Steel Magnolias Breast Cancer Support Group, Inc. a “No Garbage Trucks! Zone.” You are now a part of a special network of organizations committed to bringing about a better world. You work together without accepting or dumping garbage. You look for the best in people, and you expect the best of yourselves. You make the world a more beautiful place by the work you do.

**We stand together. We do not accept garbage. We do not spread garbage. We are not Garbage Trucks!**

Thank you Steel Magnolias, for the good you do in the world.

My best to everyone,

David  
David J. Pollay

**Thank you David for sharing your wonderful work with Steel Magnolias! We are indeed honored to be named among the organizations committed to living and working in a “No Garbage Trucks! Zone.”**

**Readers, please do yourself a favor, Check out these inspiring web-sites**

[www.bewareofgarbagetrucks.com](http://www.bewareofgarbagetrucks.com) [www.themomentumproject.com](http://www.themomentumproject.com) [www.pollayblog.com](http://www.pollayblog.com)

### **RMC Resource Center — Skin Cancer Screening**

Thursday, May 7, 1:00 pm to 3:00 pm, RMC physicians did free skin cancer screening. Prentiss and I arrived at a little after 1 pm, the room was already full. I had several lesions that concerned me. Only one was of concern to the doctor and I will follow up with my family doctor. I was amused to learn that I had one that could be removed with duct tape, confirming my contractor husband’s suspicions that he could do about as well as some doctors, also confirming his suspicion that perhaps my nose had spent time where it didn’t belong!!

### **Facts About Skin Cancer**

- **Basal Cell Skin Cancer** grows slowly. Basal cell cancer rarely spreads to other parts of the body
- **Squamous Cell Skin Cancer** may be in places that are not in the sun. Squamous cell cancer sometimes spreads to lymph nodes and organs inside the body.
- **Melanoma** can develop from or near a mole, or it can appear in an area similar to surrounding skin. Melanoma is a type of skin cancer that begins when color-producing cells called melanocytes become abnormal, grow uncontrollably and eventually form a tumor.

### **Skin Cancer Symptoms**

**Basal Cell:** Often appears as flat, firm, pale area or as small, raised pink or red, translucent, shiny, waxy area that may bleed after minor injury. You might see one or more abnormal blood vessels, a depressed area in the center, or blue, brown, or black area. Large ones may have oozing or crusted spots.

**Squamous Cell:** may appear as growing lumps, often with a rough surface, or as flat, reddish patches that grow slowly.

Both Basal and Squamous may develop as a flat area showing only slight changes from normal skin.

### **Melanoma:**

1> Asymmetry...One half of the mole does not match the other half.

2> Border irregularity...the edges of the mole are irregular or not smooth. They may look ragged, blurred or notched.

3> Color: the color over the mole is not the same all over. There may be shades of tan, brown or black and sometimes patches of pink, red, blue or white.

4> Diameter: The mole is larger than about 1/4 inch-about the size of a pencil eraser-although melanomas can be smaller.

**Some Melanomas do not fit the “rules” above. You should always show your doctor anything that you are unsure of.**

### **Steel Magnolias To Meet in RMC Resource Center**

The June 23 meeting of Steel Magnolias will be held in the RMC Resource Center, 5:00 p.m., Suite 406, in the Physicians Office Building. Hillary Folsom will provide food and Dr. Trupp, Radiation Oncologist will be our special speaker. We encourage everyone to come.

### **Cancer Survivor’s Day**

Thursday, June 25, 6:00 p.m., Anniston Meeting Center will be the site of the 2009 RMC Cancer Survivor’s Day. Guest speaker will be ABC 33/40 news anchor, Brenda Ladun. Please RSVP as soon as you get your invitation in the mail. Admission will be by ticket only. This year seats will be assigned. If you would like to be seated in seats reserved for Steel Magnolias, please make note of that when you RSVP and contact Steel Magnolias (256) 231-8827

## **Pizza Party**

Tuesday, April 28, Steel Magnolias and Men of Steel met at the Tyler Center, filled with excitement because of the passage of HB147, closing the loophole in the Medicaid breast and cervical cancer treatment Act. Our room soon filled and spilled over into the snack bar. We were very pleased to have Tommy Buzan, Assistant V.P. of Professional Services; Wendy Watson and Charlotte Ayers, from the RMC Cancer Resource Center; Cindy Justice, Manager of Oncology/Outpatient Chemo.; Helen Henley, from the Chaplain's Office; (NOTE: Because of an accident, early in the day, Chaplain Wilson was unable to be with us) Steel Magnolias Board Chairman, Dr. Dave Roberts and wife Faye Roberts joined our celebration. Late in the evening, WideNet's Derek Brown and Wanda, daughter of Hazel Johnson Rudolph, who was a patient at RMC, walked over to congratulate Steel Magnolias.

Chaplain Ina Rooks led us in prayer for those on our prayer list and gave thanks for our food.

President, Marti Warren called us into a brief business meeting.

The Steel Magnolias Breast Cancer Support Group, Inc. met on April 28, 2009 at the Tyler Center. This meeting was to celebrate the HR147 bill that was unanimously passed by the House and the Senate, removing the loophole that prevented women that are uninsured or underinsured from qualifying for Medicaid when diagnosed with breast cancer.

The "Steel Magnolias" rap song was led by President Marti Warren and then we sang Happy Birthday to Molly Grogan and Marilyn Lawson.

Marti then gave a report on the April 11, Quintard Mall Bake and Jewelry Sale. Marti proposed that we send a donation of \$200 to Leatherwood Baptist Church Women's Ministry to say thank you for their tremendous contribution to the bake sale. It took two SUV's to deliver baked goodies made by this group. Motion was made by Susan Dupree...Second by Elizabeth McCabe. Motion passed.

We were reminded of the CAST play, "Steel Magnolias" at McClellan Theatre. For every ticket sold at Cotton Antiques, \$1 will be donated to our group. We have also been invited to display Steel Magnolias Breast Cancer brochures, etc., on a table in the lobby of the theatre.

A variety of pizza, great salads and a variety of desserts were enjoyed by all.

Before Steel Magnolias left for the evening, Charlotte made a picture of the group with Susan Williamson's 14 x 24 reproduction of the April 24, Anniston Star article by Dan Whisenhunt, "Closing the Gap." Thank you Susan!

## **Financial Report**

April 01	Balance Brought forward	\$6,054.48
4-01- 100.00	Lenora Johnson—Monthly Expense	5,954.48
4-08- 25.00	Olive Garden Restaurant-Gift to Dr. Ashley Stewart	5,924.48
4-08- 46.20	Plant sent to Dr. Ashley Stewart	5,883.28
4-20+ 2,036.00	Quintard Mall Bake & Jewelry Sale: 1,336-Bake...650-Jewelry...50 donation	7,919.28
4-28- 105.21	Reimburse Pam Bussey for Pizza	7,814.07
4-28- 200.00	Leatherwood Baptist Church Women's Ministry	7,614.07
4-28- 35.00	Pokey Warren for Mailing Labels	7,579.07
4-29+ 30.00	Individual contribution to bake sale	7,549.07

## **Women's Ministry Contribution**

Peggy Kelly was thrilled to present the Steel Magnolias' \$200 to check the Leatherwood Women's Ministry. Peggy called Marti Warren with a report from the women's group. The Women's Ministry wants to give the \$200 back to Steel Magnolias by paying for medications for Steel Magnolias members who need help paying for medicine. Thank you ladies of Leatherwood!

**Personal Report:** As some of you know, for several months I've had testing that showed increasing-slight elevation of liver enzymes. After additional testing, on April 30, I had a liver biopsy. NOT FUN! I have fatty liver disorder,

a metabolic problem breaking down fats. Hence, fats are deposited in the liver. Time to lift weights and burn fat!!!

### **Mark Your Calendars**

Tuesday May 26, 2009: Steel Magnolias & Men of Steel Meeting 5:00 p.m.,  
Tyler Center, Galley for Magnolias.....Men in the Nook  
Everyone attending, bring either sandwiches, fruit or salad

Tuesday June 23, 2009: Steel Magnolias & Men of Steel Meeting 5:00 p.m.  
RMC Resource Center....Food provided by Hillary Folsom  
Program presented by Radiation Oncologist, Dr. Jefferson Trupp

Thursday June 25, 2009: RMC Cancer Survivors Day, 6:00 p.m.  
Anniston Meeting Center...Admission by ticket only  
Guest speaker, Brenda Ladun, News Anchor at ABC 33/40  
RSVP as soon as you get your invitation in the mail  
Steel Magnolias can be seated as a group...  
If you wish to be seated with Steel Magnolias, let Wendy know  
Call (256) 231-5084 so we will be looking for you  
More Information: call Charlotte or Wendy (256) 235-5084

Tuesday July 28, 2009: Steel Magnolias New Beginnings Banquet  
6:00 p.m., Classic On Noble  
Special Guest Speakers: Rep. Lea Fite and Sen. Kim Benefield  
Invitations will be mailed

### **Joggin' Inside!**

#### **Medical Exam**

One day, in line at the cafeteria, Bob says to Stanley, "My elbow hurts like crazy. I guess I'd better see a doctor. "Listen Bob, you don't have to spend that kind of money." Stan replies. "There's a diagnostic computer down at Wal-Mart. Just give it a urine sample and the computer will tell you what's wrong and what to do about it. It takes ten seconds and costs ten dollars...a lot cheaper than a doctor." So Bob fills a small jar with urine and takes it to Wal-Mart. He deposits 10 dollars and the computer lights up and asks for the urine sample. He pours the sample into the slot and waits. Ten seconds later, the computer ejects a printout: "You have tennis elbow. Soak your arm in warm water and avoid heavy activity. It will improve in two weeks. Here is a doctor's certificate for your medical insurance." That evening, while thinking how amazing this new technology was, Bob began wondering if the computer could be fooled. He mixed some tap water, a urine sample from his dog, urine samples from his wife and his daughter, and some water from his favorite fishing hole, just for good measure. He then went back to Wal-Mart, eager to test the computer. He deposits ten dollars, pours in his concoction, and waits. In ten seconds the computer prints the following:] **1.**Your tap water is too hard. Get some water softener. **2.** Your dog has ringworm. Bathe him with anti-fungal shampoo. **3.** Your daughter has a cocaine habit. Get her into rehab. **4.** Your wife is pregnant. Twins. They aren't yours. Get a lawyer. **5.** If you don't stop fishing, your elbow will never get better. And, as always—Thank you for shopping at Wal-Mart. Courtesy of..... Pauline W., Memphis, TN

#### **My Daddy**

While two families were waiting in line to see the Washington Monument, their two 5 year old boys were getting acquainted. "My name is Joshua. What's yours?" asked the first boy. "Adam," replied the second. "My daddy is a doctor. What does YOUR daddy do for a living?" asked Joshua. Adam proudly replied, "My daddy is a lawyer." "Honest?" asked Joshua. "No, just the regular kind," replied, Adam. Courtesy of.....Marti R., Anniston, AL

#### **Frozen**

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprove the child. Smiling sweetly, the Sunday school teacher said, "Bobby, when I was a child, I was told that if I made ugly faces, my face would freeze and stay like that." Bobby looked up and replied, "well, Ms. Smith, you can't say you weren't warned." Courtesy of.....Marti R., Anniston, AL

#### **Farmer Named Clyde**

A farmer named Clyde had a car accident. In court, the trucking company's fancy lawyer questioned Clyde. "Didn't you say, at the scene of the accident, I'm fine,?" asked the lawyer. Clyde responded, "Well, I'll tell you what happened. I had just loaded my favorite mule, Bessie..." "I didn't ask for details," the lawyer interrupted. "Just answer the question. Did you not say, at the scene of the accident, 'I'm fine?'" Clyde said, "Well, I had just got Bessie into the trailer and was driving down the road..." The lawyer interrupted again and said, "Judge, I am trying to establish the fact that at the scene of the accident, this man told the Highway Patrolman on the scene that he was just fine. Now several weeks after the accident he is trying to sue my client. I believe he is a fraud. Please tell him to simply answer the question." By this time the judge was fairly interested in Clyde's answer and said to the lawyer, "I'd like to hear what he has to say about his favorite mule, Bessie." Clyde thanked the judge and proceeded. "Well as I was saying, I had just loaded my favorite mule, into the trailer and was driving down the highway when this huge semi-truck and trailer ran the stop sign and smacked my truck right in the side. I was thrown into one ditch and Bessie was thrown into the other. I was hurting, real bad and didn't want to move. However, I could hear ole Bessie moaning and groaning. I knew she was in terrible shape just by her groans. Shortly after the accident, a Highway Patrolman came on the scene. He could hear Bessie moaning and groaning so he went over to her. After he looked at her, and saw her fatal condition, he took out a gun and shot her between the eyes. Then the Patrolman came across the road, gun still in hand, looked at me and said, "How are you feeling?" "Now, what the heck would you say?" Courtesy of.....Rhonda A., Oxford, AL

**Remember....Medicaid Breast & Cervical Cancer Treatment Act... Active July 1, 2009  
Until then, UNINSURED WOMEN....ask for a mammogram only at the Public Health  
Department. More Info: [lenora@steelmagnoliasinc.org](mailto:lenora@steelmagnoliasinc.org) (256) 231-8827**