

Steel Magnolias

Breast Cancer Support Group, Inc.

New Beginnings

June 15, 2015

From Where I Sit

I was one of the original small group (as I remember there were five of us) that sat in Chaplain Wilson's small waiting room to talk about starting a support group for Breast Cancer Survivors. Lenora Johnson was hell bent on getting this group going. After a couple of meetings I decided not to stay with the group.

In a few days I got a call from Chaplain Wilson saying, "Marti, you have to come back. You are needed!" So I back I went.

Now that I am retired and primarily confined to home, I started thinking about how far Steel Magnolias have come. Here are some of our services to the community that we never dreamed would happen.

- 1. The Pinks Boutique.** We furnish mastectomy bras, prosthesis, caps, wigs, scarves and hats to under or uninsured survivors for free.
- 2. Care Packages.** They are given to the patient on her day of surgery or mailed to out of town patients. They contain may items to aid in her recovery.
- 3. Dining Vouchers.** They are given to family members while their loved one is in surgery to use in RMC's cafeteria. They are free to two family members.
- 4. Breast Cancer Awareness Program.** We have ladies that work with school nurses that talk to girls from 7th to 12th grades about this disease. They learn what to look for and how to do self exams.
- 5. Snacks.** We maintain water coolers and baskets of snacks in the chemotherapy suites for the cancer patients at RMC and Anniston Oncology.
- 6. Transportation.** We offer help for those who have no way home from chemotherapy treatments.

We also have a monthly newsletter that we send out by mail to about 500 people and send many more through email.

We have monthly dinner meetings in the private dining room at RMC.



Sharing love through support

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**We are joined by the Men Of Steel, a group of husbands, boyfriends and supporters.
We have an office, the Pinks Boutique and a web site.
We have a speakers bureau and a prayer list of those that are hurting.**



**Nine years later, after that first small group began, we now have around 40 members.
I am so proud to have had a small part in its beginning.**

**Now where do we go from here? We welcome your input and suggestions as we seek
to serve our community.**

**Marti Warren-- 30 year survivor
Past-President and Past Manager of the Pinks Boutique**

You are not alone

There are so many women facing the cancer word. In 2003 in the doctor's office this word cancer was given to me. It seemed like my heart would stop. I just couldn't believe that this was happening to me. I know that many people that are reading this newsletter are in different stages of treatment.

I want you to know that even this very difficult time will come to an end one day. We walk through this valley to get to the other side. There are many valleys in our lifetime that we will have to face, but not alone. The support from our families, friends and our heavenly Father will help us get through the valley. The little book "Jesus Calling" written by Sarah Young has been a great support to me and many in our group. We (the Steel Magnolias) have started putting the devotional in our care packages that we mail out and give to breast cancer patients.

We have all walked in these same shoes. You can never relate to someone unless you have been through it yourself. The comfort that I have found, mostly has come from Jesus. I could talk to Him even in the middle of the night when I was so sick from chemo. I understand you pain and disappointment of this dreaded disease. I have survived for 12 years and you can make it too! Our prayers are with you.

**Jesus loves you!
Gloria Woosley**

Honorable Mention

Our honorable mention for June is Charles Trull. If there is one person that attends all functions, it is Chuck. He is there before anyone else and most of the time he is there after everyone leaves. If you call on him to help, all he wants to know is where, what time and what does he need to bring. He is our treasurer, he picks up all of our supplies, runs errands for us and helps with getting the newsletter out. He always steps up to do what ever is needed during the Golf Tournament, whether it is getting door prizes, sponsors, helping with the packets, loading and unloading supplies or any job that needs to be done. He is always there if we need him. I know there are many other things he does for us that I have not mentioned. Everyone I have asked has made the same comment, that he is always there at every function and has a great sense of humor. That you can count on him. One thing for sure is that he loves the Steel Magnolias and is willing to help in any way he can. He has been affected by cancer with several family members and he sees the need for this support group. He is truly a Man of Steel.



Thank you Chuck for all you do!

Steel Magnolias & Men of Steel Meeting
May 26, 2015

The Steel Magnolias Breast Cancer Support Group Inc. met on Tuesday, May 26th in the private dining room of RMC.

President Elaine Johns welcomed our guests to the meeting.

Chaplain Sherry Grinstead gave the blessing before our meal of meat loaf and mashed potatoes provided by RMC. Side dishes and desserts were provided by Steel Magnolias members.

We did not have a guest speaker at this meeting.

BUSINESS MEETING:

Minutes from the April 28, 2015 meeting were read by Secretary Connie Stephens. Carrlotta Davis made a motion to accept the minutes as read and Judy Elder 2nd the motion. The minutes were accepted as read.

Jimmy Taylor told the group that the total amount from the golf tournament that will be presented to the Steel Magnolias will be \$31,144.75. Of the money made at the golf tournament, \$1,500 will be kept in a separate account to be used toward next year's tournament. Total made from the tournament was \$32,644.75. We still have not received the grant check for \$2,500 from Sam's.

Elaine Johns announced that this year's bazaar at RMC will be held on July 16-17 and that we will need volunteers to work those days as well as donations for the bazaar. The New Beginnings Banquet will be held in July, but we do not have the exact date yet.

Elaine also spoke about attending the Relay for Life at Oxford High School and that many breast cancer patients/survivors may be contacted at this event.

Margaret Taylor thanked Elizabeth McCabe for being the Steel Magnolias' photographer and suggested that Elizabeth be reimbursed for the pictures she takes and has developed for the Steel Magnolia events. All were in agreement that Elizabeth should be reimbursed by the Steel Magnolias.

Sherry talked about Memorial Day and asked members to share some of their memories. After hearing many of the members discuss some of their memories, Sherry discussed that we should always try to make good rather than bad memories. After the devotional, Sherry ended with a prayer.

Steve Stephens made the motion to adjourn the meeting and Carrlotta Davis 2nd the motion. Meeting was adjourned.

SUBMITTED BY:

Connie Stephens
Secretary





**MAY
26TH
2015**





Up Coming Events

June 23rd is our next meeting in the private dining room at RMC. Our guest speaker will be Matt St. John of St. John's Nutrition. We will have baked sweet and Irish potatoes. Steel Magnolias please bring side dishes and deserts.

July 16th and 17th: Mark your calendars! The 2015 Dining Voucher Bazaar in the lobby at RMC. Please get all jewelry to Marti Warren or bring your items to the office. Please start collecting items to sell. They all need to be clean and ready to sell. We will have sign up sheets at this month's meeting. We will need everyone's help for this event.

July 20th is our next newsletter mailing day.

July 28th is our 12th annual New Beginnings Banquet at Classic on Noble. If you are a member and have not received your invitation please let us know. It is just an oversight. If you have received your invitation please RSVP Nancy Burnell by July 17th.

There will be no meeting in July due to the banquet. Our next meeting is August 25th.

President's Corner

I hope everyone is ready for the New Beginnings Banquet on the 28th of July at Classic on Noble. We have a lot to be thankful for this year with the success of the Lea Fite Golf Tournament and we had a great Bake and Jewelry sale at the mall. We have been very Blessed again this year.

We have Margie and Vickie helping in the office and they are willing to help where ever we need them. They are friends of Gloria's and they joined our group earlier this year. They helped us at the Bake and Jewelry sale this year also. Thank you.

We are looking to redo our brochure in the near future. If you have any ideas please share them with me and I will bring them before the board. We want to include the Men of Steel more in the brochure. They are a tremendous help to our group and play a big part in helping to raise money for the services we offer. With their help we are able to do more for cancer patients, helping them go through this difficult time. If there was something that helped you during your journey that we are not doing, let us know. We are always looking for new ways to help.

Please send me your survivor stories. They can be a great inspiration to others going through their diagnosis and treatments. I know when I found out I had cancer it gave me hope talking to all the ladies that were ten to twenty year survivors. Send your story to elaine@steelmagnolisainc.org or mail it to Steel Magnolias PO Box 2208 Anniston, AL 36202 Attn: Elaine

Submitted by Elaine Johns

Joggin' Inside

Seniors: Hints on how to liven up your idle hours...

To Maintain A Healthy Level Of Insanity:

- 1. At Lunch Time, Sit In Your Parked Car With Sunglasses on and point a Hair Dryer at Passing Cars. Watch 'em Slow Down..**
- 2. On all your check stubs, write 'For Marijuana.'**
- 3. Skip down the street, rather Than Walk and see how many looks you get.**
- 4. Order a Diet Water whenever you go out to eat, with a serious face.**
- 5. Sing Along At The Opera.**
- 6. When The Money Comes Out of the ATM, scream 'I Won! I Won!'**
- 7. When Leaving the Zoo, Start Running towards the Parking lot, Yelling 'Run For Your Lives! They're Loose!'**
- 8. Tell Your Children Over Dinner, 'Due To The Economy, we are Going To Have To Let One Of You Go.'**

And The Final Way To Keep A Healthy Level Of Insanity :

- 9. Pick up a box of condoms at the pharmacy, go to the counter and ask where the fitting room is.**

Fast Thinker

An elderly man in Florida, had owned a large farm for several years. He had a large pond in the back. It was properly shaped for swimming, so he fixed it up nice with picnic tables, horseshoe courts, and some orange and lime trees.

One evening the old farmer decided to go down to the pond, as he hadn't been there for a while, and look it over.

He grabbed a five-gallon bucket to bring back some fruit. As he neared the pond, he heard voices shouting and laughing with glee.

As he came closer, he saw it was a bunch of young women skinny-dipping in his pond.

He made the women aware of his presence, and they all went to the deep end.

One of the women shouted to him, "We're not coming out until you leave!"

He frowned, "I didn't come down here to watch you ladies swim naked or make you get out of the pond naked."

Holding the bucket up, he said, "I'm here to feed the alligator."

Some old men can still think fast.

WOMEN'S REVENGE

'Cash, check or charge?' I asked, after folding items the woman wished to purchase.

As she fumbled for her wallet , I noticed a remote control for a television set in her purse.

'So, do you always carry your TV remote?' I asked.

'No,' she replied, 'but my husband refused to come shopping with me, and I figured this was the most evil thing I could do to him legally.'

WOMAN'S PERFECT BREAKFAST

She's sitting at the table with her gourmet coffee.

Her son is on the cover of the Wheaties box.

Her daughter is on the cover of Business Week.

Her boyfriend is on the cover of Playgirl.

And her husband is on the back of the milk carton.

UNDERSTANDING WOMEN (A MAN'S PERSPECTIVE)

I know I'm not going to understand women.

I'll never understand how you can take boiling hot wax, pour it onto your upper thigh, rip the hair out by the root, and still be afraid of a spider.

MARRIAGE SEMINAR

**While attending a Marriage Seminar dealing with communication,
Tom and his wife Grace listened to the instructor,**

'It is essential that husbands and wives know each other's likes and dislikes.'

He addressed the man, Can you name your wife's favorite flower?'

Tom leaned over, touched his wife's arm gently and whispered, 'It's Pillsbury, isn't it?'

CIGARETTES AND TAMPONS

A man walks into a pharmacy and wanders up & down the aisles..

The sales girl notices him and asks him if she can help him.

He answers that he is looking for a box of tampons for his wife..

She directs him down the correct aisle.

A few minutes later, he deposits a huge bag of cotton balls and a ball of string on the counter.

She says, confused, 'Sir, I thought you were looking for some tampons for your wife?'

He answers, 'You see, it's like this, yesterday, I sent my wife to the store to get me a carton of cigarettes, and she came back with a tin of tobacco and some rolling papers; cause it's sooo-ooo--oo- ooo much cheaper.'

So, I figure if I have to roll my own so does she.

WIFE VS. HUSBAND

A couple drove down a country road for several miles, not saying a word.

An earlier discussion had led to an argument and neither of them wanted to concede their position.

**As they passed a barnyard of mules, goats, and pigs,
the husband asked sarcastically, 'Relatives of yours?'**

'Yep,' the wife replied, 'in-laws.'

WORDS

**A husband read an article to his wife about how many words women use a day...
30,000 to a man's 15,000.**

**The wife replied, 'The reason has to be because we have to
repeat everything to men....'**

The husband then turned to his wife and asked, 'What?'

School Prank

At a high school, a group of students played a prank. They let three goats loose inside the school.

But before turning them loose, they painted numbers on the sides of the goats. 1, 2 and 4.

School administrators spent most of the day looking for number 3'

Name Calling

Q. What do you call a polar bear with ear muffs? A. Anything you want. He can't hear you!

THE BOOK OF JOB

by Donna Houston

P T D H F P G O M Y C R E M
O O O O O A N T R J C F E Y
T L E Y G D I E S U H O C S
Y S N T R K T T R E D O I Y
Y A A A R S E S H C T L T K
N T M F Y Y E E H A W I S E
A A E M D V M A S R R S U A
H N S V I A L F E G A H J T
P O H R R L E C E D W W E T
I S T R E S S T Y I O O N I
P U E N F T N O S U B M I T
E R G A U I U D P U G A V U
T E I F G M O L A H S N I D
K R W V E M C R E H A B D E

ATTITUDE

CHALLENGE

COUNSEL MEETING

CURSE

DIVINE JUSTICE

DRAMA

EDOM

EPIPHANY

FAIR

FAITH

FOOLISH WOMAN

GETHSEMANE

GRACE

HOLY

INTEGRITY

MERCY

MYSTERY

POETRY

REHAB

REFUGE

SATAN

SEEK GOD

SHALOM

STEADFAST

STRESS

SUBMIT

TEST

VIRTURE

WISE

WISDOM