Steel Magnolias

Breast Cancer Support Group, Inc.

12th Annual New Beginnings Banquet

August 17, 2015

What a wonderful evening everyone had at the 12th Annual New Beginnings Banquet at Classic on Noble on July 28th!! More members and their guests attended this year than ever before.

President Elaine Johns welcomed everyone to the banquet and Chaplain Jim Wilson blessed our food. As usual, Classic on Noble provided a wonderful meal that was enjoyed by all. After dinner, Dr. Dave Roberts went over the accomplishments of Steel Magnolias in 2015 which included raising over \$30,000 from our fund raisers and publishing a new brochure.

Executive Director Nancy Burnell introduced our entertainer for the night, Mrs. Dana Roe from Albertville, AL. Much to everyone's delight, Dana entertained us with a hilarious skit set to the Patsy Cline song "She's Got You" and left us wondering what she was going to pull out of her dress next!

Dr. Dave Roberts introduced our speaker for the evening, Mr. Derrick Cameron. Derrick is originally from Mount Holly, New Jersey, but now resides in Huntsville, AL. Derrick is a 5 year breast cancer survivor who spoke to us about his life after finding that he had breast cancer and of all the people that supported him. His message was to never let cancer stop or beat you and that you should always keep fighting to live your life as normally as possible.

Next Margaret Taylor introduced our soloist Winston Bryant. Winston is a graduate of Jacksonville State University where he met his wife who is also a breast cancer survivor. He sang "Wind Beneath My Wings" which he dedicated to his wife and ended by singing a beautiful rendition of the "Lord's Prayer".

Dr. Dave Roberts recognized our corporate sponsors and thanked them, as well as, the hole sponsors for their support. He then asked the Men of Steel to come forward and Jimmy Taylor thanked all the golf tournament committee members before presenting a check for \$30,644.45 to our Treasurer Mr. Chuck Trull. The Men of Steel then presented a rose to each breast cancer survivor and each Steel Magnolias volunteer. Dr. Roberts closed the evening with a prayer.

SUBMITTED BY: Connie Stephens Secretary



Sharing love through support

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Steel Magnolias & Men of Steel Meeting June 23, 2015

The Steel Magnolias Breast Cancer Support Group Inc met on Tuesday, June 23rd in the private dining room of RMC.

Vice-president Nancy Gillespie welcomed everyone to the meeting. Chaplain Sherry Grinstead gave the blessing before our meal of baked potatoes provided by RMC. Side dishes and desserts were provided by Steel Magnolias members.

Sherry Grinstead introduced our speaker, and her boss, Matt St John. Matt is a Naturopathic Practitioner at Ft Payne Health & Foods and also the owner of St Johns' Nutrition in Oxford. He gave our group information on alternative and holistic health, naturopathic health care, herbal medicine and health tips. A question and answer session followed. Nancy Gillespie thanked Matt for speaking to our group and presented him with the "Jesus Calling" devotional.

BUSINESS MEETING:

Minutes from the May 26, 2015 meeting were read by Secretary Connie Stephens. Carrlotta Davis made a motion to accept the minutes as read and Marti Warren 2nd the motion. The minutes were accepted as read.

Treasurer Chuck Trull gave the financial report. Margaret Taylor made the motion to accept the report and Linda Barton 2nd the motion. The financial report was accepted.

Nancy Gillespie reminded everyone that the New Beginnings Banquet will be on July 28th at Classic on Noble and to be sure to contact Nancy Burnell to RSVP. Nancy also asked for volunteers to sign up to work at the Steel Magnolias Dining Voucher Bazaar to be held at RMC on 16-17 July.

Sherry went over the prayer list then ended the meeting with a prayer. Marti Warren made the motion to adjourn the meeting and Jimmy Taylor 2nd the motion. Meeting was adjourned.

SUBMITTED BY: Connie Stephens Secretary

Steel Magnolia Office and PINKS

We want everyone to come and visit the office and Pinks to see our new look. The office and Pinks have been painted a soft pink and we have new office furniture along with a much needed new computer. There is new sturdy shelving for wigs, bras and prosthesis in Pinks. It is just a beautiful new look. Someone is in the office every day from 11am until 4pm to answer the phone and to assist cancer patients with their needs.

Submitted by: Margaret Taylor



Come see our new look!



Annual Dining Voucher Bazaar

On July 16th and 17th the Steel Magnolias held their annual Dining Voucher Bazaar at RMC. The lobby of Regional Medical Center was set up with as many tables as were available. The tables held a variety of items for sale including jewelry that Marti Warren had prepared especially for this sale. Items for sale were donated items from Golden Springs Baptist Church yard sale, yard sale items from the Talladega Masons, items donated from the estate sale of George and Elizabeth Evans and items donated from members of the Steel Magnolias. Of course Chuck Trull was there to load the items that had been stored in RMC West's storage room and transport them to the hospital lobby. We need to let Chuck know how much he is appreciated for all the work he does. Linda Barton also came to help Chuck in transporting items.

We had a very successful bazaar thanks to all the people that visited us and purchased items. Everyone that helped were tired at the end of each day. The money that was raised, \$1660 will go towards providing a meal to the families of patients having surgery for any type of cancer at RMC. Isn't that what Steel Magnolias is all about, helping those that are hurting because of cancer? So I think everyone involved would say that whatever they did it was worth it.

If I try and thank everyone that helped to work in the bazaar I'm afraid I might miss some. I'll just say a "BIG THANK YOU" to those who gave up either an entire day or a portion of their day to work. We want to thank RMC for allowing us to use the hospital lobby and all those that had a part in promoting and helping in any way.

Submitted by: Margaret Taylor

Up Coming Events

August 25th is our next meeting in the private dining room at RMC. We will have Chicken fingers and condiments are included. Steel Magnolias please bring side dishes and deserts. Our guest speaker is Donna Klabnik, Lymphedema Specialist for RMC.

September 14th is our next mailing date.

President's Corner

I want to start off by apologizing for no newsletter last month. It is something that we do not plan on letting happen again. If there is something you would like to see in our newsletter, please contact <u>elaine@steelmagnoliasinc.org</u> and we will do our best to include it in future issues. I welcome jokes for the newsletter at this address also.

July turned out to be a busy month for the Steel Magnolias. The Dining Voucher Bazaar went smooth with the dedicated help of Steel Magnolia and Men of Steel members. We could not do what we are doing without the help of the Men of Steel. They are such a vital part that contributes to the funding of the Steel Magnolias.

I want to thank Nancy Burnell and Margaret Taylor for our entertainment at our 12th annul New Beginnings Banquet. It was the best! I was so excited at the turnout regardless of the weather. Dr. Dave Roberts, being soaking wet did an outstanding job as usual. We are blessed with supporters and members that step up to make all of this happen. **President's Corner continued:**

I finally had a survivor story sent in to me to put in the newsletter. I have a story also of someone who's life has been touched by cancer that will appear in an upcoming newsletter. If you have a story about yourself or are a caregiver and would like to share your story, please send it to the above email or to our PO Box 2208 Anniston, AL 36206 attention Elaine.

Anyone interested in coming to our meetings on the 4th Tuesday of every month (except July and December) we meet in the private dining room at RMC. We have a combined meeting with the Men of Steel. If you can find the cafeteria at RMC we will have signs posted for you to find the meeting. Nancy Gillespie has done an outstanding job to have great and informative speakers at our meetings. If there is something you would like to hear about in future meetings let us know. We will see if we can find a guest speaker with that knowledge or at least answers to you request.

If you have questions or needs, please contact us at support@steelmagnoliasinc.org.

Don't forget October is coming and we want to be visible in our communities during breast cancer awareness month.

steel Magnolist

Breast Cancer Support Group, Inc.

Submitted by: Elaine Johns

Survivor's Story

In November of 2001 my husband was diagnosed with renal (kidney) cancer. Despite surgery and experimental chemotherapy he was given only six months to live and died in August of 2002. At the time of his death our children were 12 and 14 years old and though this was quite an adjustment for all of us we knew far enough in advance that we were able to make some memories and plans.

In September of 2002 I was in an auto accident in which I fractured my right arm. Because of my husband's death, and my auto accident, I postponed my annual mammogram from August until December. My mammograms had always been normal, but due to some fibrous tissue lumps and bumps were always present during my exams. However, this year I knew something was wrong when I was contacted to arrange a biopsy of a mass that had been noted on during the mammogram. Being a medical professional myself I assured my doctors that this mass was probably a result of the extra calcium I had been consuming due to my fractured arm, but they assured me this was not the case. On December 23, 4 months after my husband passed away from cancer, I was diagnosed with ductile adenocarcinoma. As I did not want to spoil anyone's Christmas I decided to wait until the holidays were over to tell my family. Before this, I had never been sick so naturally my family and children were shocked and upset. My children were very upset and kept saying they knew that cancer was bad. They worried that they would soon be orphans and wondered with whom, and where, would they live if I did not survive. But women are survivors and with the support of my family, friends and professional colleagues I found surgery and chemotherapy to be bearable.

I made plans to have a bilateral mastectomy and reconstructive surgery at the same time in January of 2003. During this time God sent me the most amazing people to be my friends, helpers and supporters. I have always been the one to take care of others, so it was difficult to let others take care of me, but this was a lesson I needed to learn. Through my cancer I became a stronger and more empathetic and generous person. Now, 12 years later, my children are grown and living their own lives, and I am still a survivor.

By: Paula Thorne

Joggin' Inside

FINANCIAL PLANNING

Dan was a single guy living at home with his father and working in the family business. When he found out he was going to inherit a fortune when his sickly father died, he decided he needed to find a wife with whom to share his fortune.

One evening, at an investment meeting, he spotted the most beautiful woman he had ever seen. Her natural beauty took his breath away. "I may look like just an ordinary guy," he said to her, "but in just a few years, my father will die and I will inherit \$200 million."

Impressed, the woman asked for his business card...... Three days later she became his stepmother. *Women are so much better at financial planning than men.*



FINANCIAL PLANNING LONG TERM: THE CAR IS CHEAPER

Life After Death

A boss asked one of his employees, "Do you believe in life after death?"

"Yes, sir," replied the new employee.

"I thought you would," said the boss. "Yesterday after you left to go to your grandmother's funeral, she stopped in to see you!"

The Water Pistol

My five year old son squealed with delight when he opened his birthday present from his grandmother. It was a water pistol. He promptly ran to the sink to fill it.

"Mom," I said. "I'm surprised at you. Don't you remember how we used to drive you crazy with water pistols?" My mom smiled and said, "Yes, I remember."

Southern Law Joke

Questions asked in a courtroom can be very revealing... especially in the South. Even of an old, sweet lady many would be happy to call grandma.

In a trial in the heart of the South, a prosecuting attorney called his first witness, a grandmotherly woman he had known since childhood, to the stand.

He approached her and asked, "Mrs. Whitaker, do you know me?"

She responded, "Why, yes, I do know you, Mr. Coolidge. I've known you since you were a young boy, and rankly, you've been a big disappointment to me. You lie, cheat, you manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realize you never will amount to anything more than a two-bit lawyer. Yes, I know you."

The lawyer was stunned! Not knowing what else to do, he pointed across the room and asked, "Mrs. Whitaker, do you know the defense attorney?"

She again replied, "Of course, I do. I've known Mr. Johnson since he was a youngster, too. He's lazy, bigoted, and he has a drinking problem. He can't build a normal relationship with anyone and his law practice is one of the worst in the entire state. Yes, I know him."

The defense attorney turned red with embarrassment.

The judge upon hearing the questions and answers thus far asked both counselors to approach the bench. In a very quiet voice he said, "If either of you asks her if she knows me, I'll throw you in jail for contempt."

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Find the words in **bold**:

Created by Donna Houston

HOLY, HOLY, HOLY! LORD God ALMIGHTY! EARLY in the MORNING our SONG shall RISE to Thee. Holy, Holy, Holy! Merciful and mighty! God in three PERSONS, BLESSED Trinity!

Holy, Holy! All the **SAINTS ADORE** Thee, **CASTING** down their **GOLDEN CROWNS AROUND** the **GLASSY** sea; **CHERUBIM** and **SERAPHIM** falling **DOWN** before Thee, which wert and art, and evermore **SHALT** be.

Holy, Holy! Though the **DARKNESS HIDE** Thee, **THOUGH** the eye of **SINFUL FLESH** thy **GLORY** may not **SEE**, only Thou art holy; there is none **BESIDE** Thee, perfect in **POWER**, in **LOVE**, and **PURITY**.

Holy, Holy, Holy! Lord God almighty! All Thy **WORKS** shall **PRAISE** Thy **NAME**, in **EARTH**, and sky, and sea; Holy, Holy! **MERCIFUL** and mighty! God in three persons, blessed **TRINITY**!