

Steel Magnolias

Breast Cancer Support Group, Inc.

New Year, New Beginnings!

January 18, 2016

Is it a new year and a new beginning or a new beginning and a new year? If you ask most Cancer survivors I think it is the latter. In the many circumstances we face in life, a new job, moving to a new town, a marriage, a death, finding God, a good diagnosis or a bad diagnosis it is always a new beginning, a new first month in a calendar starting a new year. It marks a time of starting over and getting on with life.

In a normal everyday life ruled by hours, days and a yearly calendar it starts January 1st every year. For this group of men and women that make up the Steel Magnolias and the Men of Steel we are starting a new year, a new beginning to find ways to raise money and get more people involved in our mission. It is truly a blessing to be involved with an organization who's goal is to be a help and comfort to others.

So yes it is a new year and a new beginning for the Steel Magnolias and the Men of Steel to see what 2016 has in store for us. How we can change someone's circumstances, to put a smile on someone's face, to let others know they are not facing this new year alone. If you think you would like to be a part of this unique experience come help us help someone have a New Beginning and a New Year!



Sharing love through support

Steel Magnolias
P.O. Box 2208
Anniston, AL 36202

Lenora Johnson, Founder
Nancy Burnell, Executive Director
nancyburnell@gmail.com
Editor: Becky Tiner
Beckyathome@att.net

Elaine Johns, President
Nancy Gillespie, Vice President
Connie Stephens, Secretary
Chuck Trull, Treasurer
Group Chaplains: Gloria Woosley
& Sherry Grinstead
RMC Chaplain, Jim Wilson
Historian & Photographer
Elizabeth McCabe

Pinks Boutique: Marti Warren,
For Appointment (256) 239-0855
Office 256-231-8827
Physicians Center, STE 407
901 Leighton Ave.
Anniston, AL 36207
www.steelmagnoliasinc.org

Like us on Facebook

Email any officer by typing
their first name
@steelmagnoliasinc.org



STEEL MAGNOLIAS

Steel Magnolias' Christmas Breakfast 2016

Classic on Noble once again provided the Steel Magnolias with a beautiful Christmas setting and delicious food for our annual Christmas Brunch on December 5th. The brunch was attended by many Steel Magnolia members, Men of Steel, family members and guests. President Elaine Johns welcomed everyone to the brunch and Chaplain Jim Wilson blessed the food.

After everyone had finished enjoying all the wonderful food, Executive Director Nancy Burnell introduced our guests which included Santa Claus (Robert Gordon), and Tiffany and Sara Hamilton. Santa read the book "The Night Before Christmas" to Sara and then gave her a gift for both herself and her younger sister. Sara entertained us all by singing "Santa Claus is Coming to Town" and "All I Want for Christmas is My Two Front Teeth".

We then had a time of remembrance and prayer as Chaplain Sherry Grinstead lighted two candles, one in remembrance of Carrlotta Davis and one for Paul McCabe. Lenora Johnson then said a few words about Carrlotta and Paul. Sherry went over the prayer list and her husband ended with a prayer. Dave Roberts shared the true meaning of Christmas and Tiffany Hamilton ended our program by singing "Breath of Heaven" and "O Holy Night".

SUBMITTED BY:

Connie Stephens
Secretary

In Memory Of

We lost two of our own in 2015. Carrlotta Davis and Paul McCabe.

Carrlotta Davis joined our group over a year ago. She added a lot to our meetings bringing laughter and friendship. She was not a breast cancer survivor but showed us that she had the same problems, fears and needs that breast cancer patients have. She always came and seemed to enjoy being part of the Steel Magnolias. We will miss you Carrlotta!



Paul McCabe has been a member of the Men of Steel from the beginning. Paul has faced many health problems in the past few years, but always came to meetings, events and he and Elizabeth did things for the Steel Magnolias without being asked. He was such a great man with a desire to help in any way. He was quick witted and a lot of fun to be around. We will sure miss Paul and all that he brought to the group.

Ecclesiastes 3:1-4: For everything there is a season, and a time for every matter under heaven: ² a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; ³ a time to kill, and a time to heal; a time to break down, and a time to build up; ⁴ a time to weep, and a time to laugh; a time to mourn, and a time to dance.

Pictures from the Steel Magnolias' Christmas Breakfast 2016





Last news from 2015

The Steps to Help Walk this year was a tremendous success. Much applause to Runa Kimbrell for her commitment to Breast Cancer and the Steel Magnolias. This was the 4th year for the walk and we had more Steel Magnolias in attendance than ever before. Thanks to our men and women for their willingness to be a part of this great event. We were presented with checks totaling \$3100.00 this year as a result of so many caring people willing to share with those that are hurting with a diagnosis of cancer,

Thank you Runa and we will look forward to next year!!!

Submitted by Margaret Taylor

On December 8, 2015 Jimmy and Margaret Taylor received a donation from Buster Miles Chevrolet Co. in Heflin, AL. from the sale of vehicles during the month of October. For each vehicle sold, Buster Miles Chevrolet donated \$50 to the Steel Magnolias. General Manager Hope Miles Downey and Steve Perry presented a check in the amount of \$1025. To Jimmy and Margaret for the ongoing work of the Steel Magnolias.

Submitted by Margaret Taylor.

On December 14th, Jimmy and I met with the Alabama Power Service Organization representatives Michael Magouyrk, Business Office Manager, Chris Ritchie and Jackie Lowry at the Steel Magnolias Office to receive a check from a fundraiser sponsored by them in October.

The Check was in the amount of \$300.00 collected from the sale of Pink light bulbs, We were so pleased to show them our office and PINKS and tell them about the work of the Steel Magnolias. They were very impressed by everything that's done and everyone that works to touch the lives of those traveling the road of cancer. Pictures were made of the presentation and a television interview of Chris Ritchie explaining the idea behind the fundraiser and that the plan is for this event to take place every year. I was given the opportunity to talk to the interviewer and give a little history of Steel Magnolias and explain the various services that we offer. THANK YOU Alabama Power Service Organization for your generous contribution to the work of the Steel Magnolias.

Submitted by Margaret Taylor

Just a few words of appreciation for all those volunteers that give their time to maintain the Steel Magnolias' Office and the PINKS throughout the year. These are dedicated and caring people and we want you to know that we love you and thank you for the hours of unselfish service to others.

Margaret Taylor, office manager

Kick off 2016 Tee it High, Let it Fly

Work has begun on the 7th Annual Golf Tournament that is scheduled for April 23rd this year. We need everyone to begin planning what they would like to do to contribute to this year's tournament. In order for the tournament to be a success we need everyone doing their part. This is our largest fundraiser and for it to continue all Steel Magnolias MUST work together to maintain the level of help we have been able to offer to those that are looking for support through PINKS and our organization. So please let's get ready to Tee it High and Let it Fly!!!

Submitted by Jimmy Taylor

Up Coming Events

January 26th will be our first meeting of the year. It will be held in the private dining room at RMC. We will have baked sweet and Irish potatoes with condiments provided. Steel Magnolias please bring side dishes and deserts.

February 8th is our next golf tournament meeting.

February 15th will be the next mailing day.

March 26th will be our annual Bake and Jewelry sale at the Quintard Mall.

April 23rd is the date set for the 7th annual Lea Fite Golf Tournament at Pine Hill.

Honorable Mention

Our honorable mention this month are the volunteers that work in the office and help survivors in the PINKS boutique. They take time every week to answer calls and give support to those in need. It takes special people to do this. They really get to see and help the people we only get to talk about in our meetings. They are the ones that carry out the mission of our group on a daily basis. Thank You Margaret, Nancy, Barbara, Chuck, Marti, Vickie, Margie, Stephanie, Connie, the Chaplin's office and anyone else that has offered their time to help in the office.

President's Corner

Happy New Year! I hope this year brings us as much success as last year did. God has blessed our group in so many ways and we give him all the Glory!

With the holidays over we need to get our focus on the needs of breast cancer patients and how we will meet those needs. I really think there are ways we can help others that we have not thought of. We need to get more involved with our oncology centers and see what is needed. That is only one idea I have and we welcome suggestions to help better serve our community.

I want to find information to share in our newsletter to encourage and help cancer patients. I get the "Cure" magazine and it is free to cancer survivors and caregivers. It is full of information on new treatments, updates, research and education. You can subscribe to it by a post card in the magazine or on line at curetoday.com/subscribe. I have several post cards if anyone needs one.

If there is something you would like to see in our newsletter please let us know. We want to make it more useful and more informative.

I want to encourage survivors to come to our meeting. Come join the fellowship and help us find ways to make this journey easier for those just starting it or who are in the middle of it. You can make a difference in someone's life. A journey facing cancer can be a lonely place. If you are not sure where the private dining room is just give us a call at the office from 11am till 4pm @ 256-231-8827.

I am still interested in survivor stories. If you would like to share yours please send it to
Steel Magnolias
PO Box 220
Anniston, AL 36202
Atten: Elaine Johns

Submitted by Elaine

Joggin' Inside

The Water Pistol

My five year old son squealed with delight when he opened his birthday present from his grandmother. It was a water pistol. He promptly ran to the sink to fill it.

"Mom," I said. "I'm surprised at you. Don't you remember how we used to drive you crazy with water pistols?" My mom smiled and said, "Yes, I remember."

The Vacuum Cleaner Salesman

The new salesman had just completed his training and was anxious to put his skills to work. He took his Hoover vacuum cleaner to the front door of a house and rang the bell. A rather unpleasant woman answered. Before she could say

anything he threw a pile of cow patties in the door behind her onto the rug. "Lady," he said, "If this vacuum cleaner doesn't clean up all those cow patties, I'll eat them myself."

"I'll get you a spoon," scowled the lady. "Our electricity hasn't been turned on, yet."

Traffic Accident

Well, Your Honor, I really didn't mean to get into a fight with the driver of the car I ran into the other day. I was rear-ended, which caused me to rear-end the car in front of me. The driver, whom you can see is a dwarf, approached aggressively after the accident yelling, "I am NOT happy."

I decided that I would try to lighten things up and answered, "OK, I can see that, but then which one are you?" That's when the fight started.

You know it's July in Florida when:

Hot water comes out of both taps.

You find out that a seatbelt buckle makes a pretty nice branding iron.

The trees are whistling for the dogs.

You find out that you can get sunburned through your car window.

The birds need to use potholders to pull worms out of the ground.

You burn your hand opening the car door.

The temperature drops below 95 and you put on a sweater.

You can make instant sun tea.

Shade determines the best parking space, not distance.

Farmers feed their chickens crushed ice to keep them from laying hard boiled eggs.

When you step outside at 7:30 a.m., you break into a sweat.

Potatoes cook underground. This is convenient because all you have to do is pull one out and add salt, pepper and butter.

You discover that asphalt has a liquid state.

You realize that it only takes two fingers to steer your car.



What's Really Important

One warm summer evening a mother was driving with her three young children. A woman in the convertible in front of them stood up and waved. She was STARK NAKED. As the mother was reeling from shock, the five year old said, "Mom, that lady isn't wearing a seat belt!"

Ketchup

A mother was struggling to get the ketchup out of the bottle when the phone rang. She asked her four year old daughter to answer it. She heard her daughter say, "Mommy can't come to the phone. She's hitting the bottle."

GRACE: GOD'S NEW LIFESTYLE

Colossians 3:1-14

by Donna Houston

T G E D I V O R P T R N L A
A N N O T G I B L I A O C I
F I S E E T T I M M O C F E
O N G N H I P A U B O A F D
G U O S A W L H N U L A V I
S R E L A T I O N S H I P S
N P O T H R U T O C W Y O C
A V C U E A A R H A V E O I
M H O A P B N G E X P M R P
B E L B I S N O P S E R G L
O E D L O H R D T W A T C I
L L I W A U D L E H H B X N
I T A N O M I Y E B E A O E
Y U O Y G A S N A C L R T F

Find the words in BOLD PRINT:

SMALL GROUPS or one-on-one RELATIONSHIPS PROVIDE REAL opportunities FOR ACCOUNTABILITY. BEING HELD RESPONSIBLE by COMMITTEES or ministry organizations CAN ALSO be an AID to GODLY development. WHEN we HAVE no one to ANSWER to, we GET LAX. It's HUMAN NATURE. Do you CHAFE at revealing YOUR weaknesses to ANOTHER? SUBMIT yourself to the PRUNING and DISCIPLINE of accountability, and WATCH WHAT God WILL do!