

Steel Magnolias

Breast Cancer Support Group, Inc.

Breast Cancer Awareness

October 17, 2016

It is October again, Breast Cancer Awareness Month. We are invited to so many events during the month that at times it is a challenge to have coverage at each event. It is such a blessing that so many people want to help us and support our cause.

It is hard to find someone that breast cancer has not touched in some way. Linda Green happens to be one of them. It has touched her and her family and friends. She and her husband are members of the Mt. Cheaha Harley-Davidson Hog Chapter #3476. I have attended two of their meetings, one last October and this October. Their focus this month is on Breast Cancer and the Steel Magnolias. Last year was the first "Tutus for Tatas" ride. It was great to see all these guys with pink wigs, with their tutus on and their bikes decorated! They had a big time and so did we. The ride this year is this Sunday, October 23rd at Mt. Cheaha Harley-Davidson and registration starts at noon. There will be games and a balloon release. One of the games will be toss the tatas!

We went to the "Rumble on the Loop" in September and they were promoting the "Tutus for Tatas" then. I expect it will be bigger this year than last year. While we were at the meeting this month we saw that we are not the only people they help.

In November they will be celebrating our Veterans.

They also have a ride on November 13th "Feel the Thunder" to Talladega to take toys to the deaf school. The kids love it! If anyone wants to donate a toy or money for a toy, please take it to the Harley dealership or bring it to the Steel Magnolia meeting this month. Don't forget the older kids.

This is a great group of Christian bikers who have hearts of gold. It is all about helping others in need. If you ride and would like to join the group, contact lgreen415@bellsouth.net.

We want to thank the Harley-Davidson Hog Chapter #3476 for your support to the Steel Magnolias Breast Cancer Support Group.

Submitted by Elaine Johns



Sharing love through support

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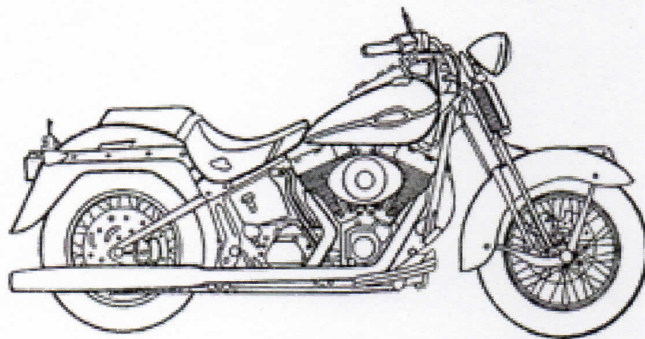
Email any officer by typing
Their—first name
@steelmagnoliasinc.org

Tutus for Tatas

PRESENTED BY MT. CHEAHA H-D HOG CHAPTER #3476
ALL PROCEEDS TO BENEFIT THE STEEL MAGNOLIAS
BREAST CANCER SUPPORT GROUP

ALL BIKES WELCOME!

There will be awards for
**BEST COSTUME &
BEST DECORATED BIKE**



When: Sunday, October 23rd, 2016
Register from Noon-1:30pm
Kick Stands Up @ 2:00pm
Awards Ceremony @ 3:30pm

Where: Mt Cheaha Harley-Davidson
231 Davis Loop, Oxford, AL 36203

Ride: Police escorted ride through Calhoun Co.
to show off our costumes, bikes, & cause!

For more information, call Linda Green at (256) 283-5965
or Dianne Tidmore at (256) 390 6738

**Steel Magnolias & Men of Steel Meeting
September 27, 2016**

The Steel Magnolias Breast Cancer Support Group Inc. met on Tuesday, September 27th in the private dining room of RMC.

The meeting was called to order by President Elaine Johns. We had several visitors who were introduced and welcomed by Elaine.

Sherry Grinstead gave the blessing before our meal of chicken fingers provided by RMC. Side dishes and desserts were provided by Steel Magnolias members.

Elaine introduced our speaker Wendy Watson, RN, BSN, OCN. Wendy is the Director of Cancer Support Services at RMC. Wendy spoke about the new Patient Navigation Program at RMC that helps patients through their cancer journey by providing whatever the patient may need, i.e. answering questions, arranging transportation to doctors appointments, and providing resources as needed. This is an Oncology Care Model that is funded by a Medicare grant. To be accepted in the program patients must be a Medicare Patient, have a cancer diagnosis and receiving chemotherapy treatment or taking an oral therapy. The program currently has 130 patients enrolled. Three of the members of the navigator team, Macy Allen, Pam Bolt and Celeste McGuffey also provide our group with valuable information about the program.

BUSINESS MEETING:

Secretary Connie Stephens read the minutes from the August meeting. Marilyn Lawson made the motion to accept the minutes as read and Steve Stephens 2nd the motion. The minute meetings were accepted.

Treasurer Chuck Trull gave the financial report. Marilyn Lawson made the motion to accept the report and Kristen Reimer 2nd the motion. The financial report was accepted.

Elizabeth McCabe told the group that the Weaver Post Office contacted her to say that our group will not be able to set up a table in October to accept donations due to someone making a complaint.

Elaine reminded everyone of all the events we have coming up in October and encouraged everyone to sign up to help at the events. One of our biggest events will be Tutus for Tatas on October 23rd at Mt. Cheaha Harley Davidson in Oxford. Kristen told everyone that this year we are adding a game, Toss the Tata, to raise more donations.

Sherry gave a short devotional and went over the prayer list. Nancy Buchmann made the motion to adjourn the meeting and Steve Stephens 2nd the motion. Meeting was adjourned.

SUBMITTED BY:

**Connie Stephens
Secretary**



Oxfordfest 2016

Early on October 1st we set up our tent in front of Cotton Antiques in Oxford. There was just a little chill in the air and everyone was busy making sure everything was just right. We had our shirts, pom-poms, some jewelry, several donated breast cancer afghans for sale and an Alabama print for a silent auction. We were anticipating a large crowd and boy did we get one! It was a beautiful day. We had several survivors stop at our tent and we were able to share our mission with many people. We raised \$542 in sales and donations and C. Smitherman took home the print. I want to thank everyone that came out to help. We had Roger, Margaret, Jimmy, Nancy, Della, Marilyn, Pat, Connie, Steve, Dave, Faye, Elizabeth and Linda. Please forgive me if I left someone out!



Submitted by Elaine Johns



Festival of Hearts

Steel Magnolias had a great day in Heflin, Saturday October 8th participating in the Festival of Hearts fund raiser. This fundraiser helps the Hearts organization to reach out to individuals and families that need help with food, clothing or paying a bill in difficult times. It also funds their cancer relief service. This service provides funds to help pay Doctor and medical bills for those diagnosed with cancer that do not have adequate insurance.

Steel Magnolias were honored to participate in the day. We were one of several volunteers working to make the day a success. Visitors had an opportunity to purchase mums, food and tickets for outside activities for the children. Steel Magnolias also had pom-poms, tee shirts and afghans for sale. We had an opportunity to speak to the group at large and individually. Thanks to Doris, Judy, Brenda, Vickie, Ciara, Karin and Nancy Buchman for giving of their day to help visitors at our table. Thanks to Elizabeth for coming to take pictures and she also spoke to the group about the work of the Steel Magnolias. She is always so faithful and ready to help. It was a great day!

Submitted by Margaret Taylor



President's Corner

I want to take this time to thank our volunteers that have helped at all the events we have been invited to this year. I want to especially thank Margaret Taylor and Nancy Burnell for speaking at these events. We are blessed to have the two of you representing our group in this way. Our group is growing and I hope some of our new members will bring new ideas to help the Steel Magnolias accomplish our goals.

I want to encourage our readers and our group to think of things you would like to see in the newsletter. You can email me at elaine@steelmagnoliasinc.org or send it by mail to Steel Magnolias PO Box 2208 Anniston, Al 36202. I want our newsletter to share what we are doing, but also be a source of information that will benefit or encourage our readers. I still would like survivor stories to share with others that have been diagnosed with cancer.

If you want to join our group, please come to our meetings at RMC and bring a friend. We meet the 4th Tuesday of every month except July, November and December in the private dining room at RMC. If you get close to the cafeteria you will hear the laughter, just follow the sound. We want to grow and be very visible in the community and at RMC. If you want to make an impact into someone's life struggling with cancer then you will fit right in with us. I want our office workers to start sharing some of the awesome stories they have to tell about helping those in need in the pinks boutique. It will give you the reason why our group is needed in this community. God bless!

Submitted by Elaine Johns

Up coming Events

October 21st is RMC's Brake for Breakfast from 7am till 8:30 at the Tyler center. To find out more go to www.rmccares.org/brakeforbreakfast.

October 23rd is the Tutu for Tatas at Mt. Cheaha Harley-Davidson. Registration for the ride starts at noon. Come one come all and wear your Tutu! We will have a lot of fun.

October 25th will be our next meeting in the Private Dining Room at RMC. We will have pizza, Steel Magnolias please bring side dishes and deserts. Marti Warren will be our guest speaker. Marti has been a part of the Steel Magnolias from the beginning.

November 7th will be the next meeting for the Lea Fite Golf Tournament in the Chaplin's office at 6pm. If you have any new ideas and want to help, come on we need you!

November 14th will be the next mailing day for the newsletter.

December 3rd is the date for our Christmas Breakfast. More info will be in the November newsletter.

January 24th will be the first meeting in 2017.

RMC's Brake for Breakfast

MAMMOGRAMS

Take **20 MINUTES**

REGULAR MAMMOGRAMS

(breast x-rays) can detect cancer in its early stages and give women a head start on potentially lifesaving treatment.

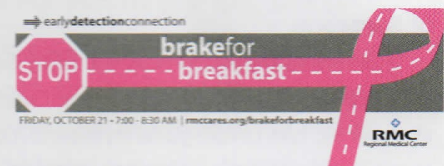
Accredited by the American College of Radiology and Mammography Quality Standards Act, RMC offers advanced screening and diagnostic mammography technologies and highly trained radiologists and technicians.

Our comprehensive mammography services include Genius™ 3D MAMMOGRAPHY™ and specific breast tissue studies through stereotactic breast biopsy—a highly accurate,

nonsurgical method of diagnosing breast abnormalities.

Breast health services at RMC comprise a team of experts in breast health and breast cancer detection through mammography, ultrasound and MRI. Equipment and services include:

- Dedicated mammography.
- Genius 3D MAMMOGRAPHY with tomosynthesis, an advanced mammogram offering better detection, fewer call-backs and greater peace of mind.
- Dedicated ultrasound.
- Breast and reconstructive surgery.
- Educational programs and support groups.



Brake for Breakfast

**Friday, Oct. 21, 7 to 8:30 a.m.
Tyler Center, 731 Leighton Ave.
Anniston**

Join us for a free healthy breakfast and information on RMC's early detection capabilities—without ever leaving your car! For more information, visit www.rmccares.org/brakeforbreakfast.

Joggin' Inside

"4 Worms In Church"

Four worms and a lesson to be learned !!!!

A minister decided that a visual demonstration would add emphasis to his Sunday sermon.

Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of good clean soil. At the conclusion of the sermon, the Minister reported the following results:

The first worm in alcohol ... Dead .

The second worm in cigarette smoke ... Dead .

Third worm in chocolate syrup ...Dead .

Fourth worm in good clean soil ... Alive...

So the Minister asked the congregation,

"What did you learn from this demonstration?"

Gertrude was sitting in the back, quickly raised her hand and said

"As long as you drink, smoke and eat chocolate, you won't have worms!"

That pretty much ended the service!

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Father Time

The last time we changed from daylight saving time, a preacher friend posted, "For those who habitually show up 15 minutes late to church, allow me to remind you that tonight is the night you set your clock back 45 minutes."

The One About The Fishermen and The Angel

Three guys are fishing when an angel appears.

The first guy says, "I've suffered from back pain for years. Can you help me?" The angel touches the man's back, and he feels instant relief.

The second guy points to his thick glasses and begs for a cure for his poor eyesight. When the angel tosses the lenses into the lake, the man gains 20/20 vision.

As the angel turns to the third fellow, he instantly recoils and screams, "Don't touch me! I'm on disability!"

A Bird Named Moses

A burglar breaks into a house. He starts shining his light around looking for valuables. Some nice things catch his eye, and as he reaches for them, he hears, "Jesus is watching you." Startled, the burglar looks for the speaker. Seeing no one, he keeps putting things in his bag, again, he hears, "Jesus is watching you." This time, he sees a parrot.

"Who are you?" the burglar asks.

"Moses," the bird replied.

"Who the heck would name a bird Moses?" the man laughed.

"I dunno," Moses answered, "I guess the same kind of people that would name a Rottweiler Jesus."

Adam and Eve

Adam bit the apple and, feeling great shame, covered himself with a fig leaf. Eve, too, felt shame and covered herself with a fig leaf. Then she went behind the bush to try on a maple leaf, a sycamore, and an oak.

PRAYER OF JABEZ

P	X	E	N	P	M	I	T	N	E	G	R	U	L
B	E	L	I	E	V	E	P	B	H	M	P	F	A
T	C	J	A	B	E	R	E	W	O	P	A	G	Y
S	N	F	P	S	R	Z	S	T	N	V	T	N	O
K	E	X	P	E	C	T	G	Y	O	D	H	G	L
O	S	N	Y	R	O	T	I	R	R	E	T	N	E
H	E	A	L	V	C	Z	E	B	A	J	Z	I	X
C	R	J	D	A	D	O	Y	R	B	N	V	S	P
P	P	R	P	N	R	T	T	T	L	O	T	S	A
B	O	M	E	T	N	G	R	C	E	W	O	E	O
L	I	P	S	U	R	U	E	F	E	B	O	L	D
O	E	G	O	D	S	W	I	L	L	R	W	B	A
D	S	B	H	T	K	L	G	E	H	T	I	A	F
A	S	T	R	O	N	G	S	E	R	V	O	D	I

ASK	FAITH	LORD	SERVANT
BELIEVE	FAVOR	LOYAL	STRONG
BLESSING	GOD'S WILL	NAME	TERRITORY
BOLD	GRANTED	NOW	TRUST
BOUNTY	HEART	PAIN	URGENT
DEPEND	HONORABLE	PATH	
DIRECT	IMPACT	POWER	
ENLARGE	JABEZ	PRAYER	
EXPECT	LIFE	PRESENCE	

Created by Donna Houston
10/12/16